



- 1) A patient on HFNC 50 lit/min and 80% FiO₂ has an average of how much end-expiratory pressure?
 - A) 3 cmH₂O
 - B) 5 cmH₂O
 - C) 8 cmH₂O
 - D) 10 cmH₂O

- 2) Benefits of HFNC include all except
 - A) Reduce dead space ventilation
 - B) Reduce tidal volume
 - C) Increase end expiratory pressure
 - D) Match the inspiratory flow of the patient

- 3) The reduction of dead space is attributed to what except?
 - A) CO₂ washout
 - B) Decreased nasopharyngeal resistance
 - C) Higher temperature of the air
 - D) Alveolar recruitment

- 4) Compared to low flow oxygen systems, HFNC has shown to result in all except:
 - A) Reduce work of breathing
 - B) Improve oxygenation
 - C) Improve comfort
 - D) Improve mortality

- 5) Average temperature range for HFNC
 - A) 31-37 C
 - B) 30-40 C
 - C) 28-32 C
 - D) 21-27 C

- 6) HFNC is contraindicated in COPD
 - A) True
 - B) False

- 7) When setting the flow on the HFNC for hypoxic respiratory failure, we should?
 - A) Use the lowest possible flow and titrate slowly for tolerance
 - B) Use the highest flow possible as it gives the best advantages
 - C) Titrate according to the FiO₂
 - C) Mouth opening does not make a difference

8) Increasing the flow rate results in all except:

- A) Decrease air entrainment from room air
- B) Reduce nasopharyngeal pressure
- C) Increase minute ventilation
- D) Reduce the work of breathing

9) Draw backs of HFNC include:

- A) Inability to monitor end tidal CO₂ (ETCO₂)
- B) Restricted mobility
- C) No internal battery
- D) All of the above

10) Complications of HFNC are rare but might include:

- A) Barotrauma/Pneumothorax
- B) Abdominal distention
- C) Aspiration
- D) All of the above