



Advanced monitoring during mechanical ventilation

Let's look at the other side

Ehab G. Daoud MD, FACP, FCCP
Associate professor JABSOM, University of Hawaii

1

Objectives

- **Electrical Impedance Tomography EIT**
- **Esophageal Balloon Manometry**
- **Volumetric Capnometry**

Goal

Personalized Mechanical Ventilation



2

Are we seeing the full picture?



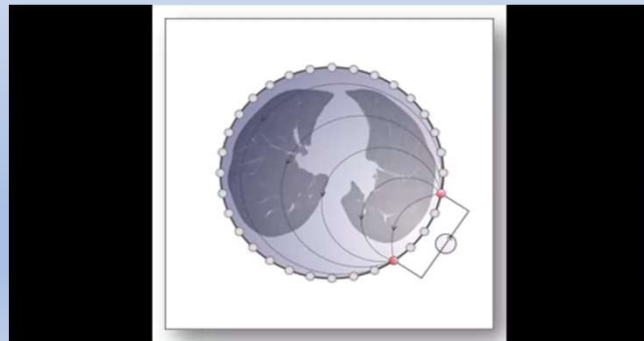
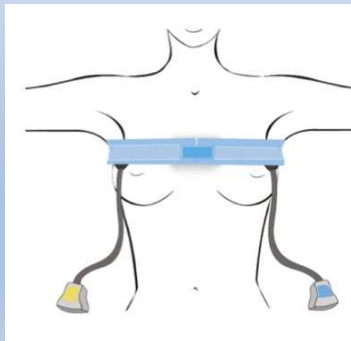
3

Electrical Impedance Tomography EIT



EIT devices apply known amounts of low-frequency, high amplitude electric currents through multiple pairs of electrodes (16-32) applied circumferentially to the surface of the thorax. These currents allow the device to determine the conductivity (impedance) of the cross section of the thorax, creating a two dimensional image of the area under the electrodes

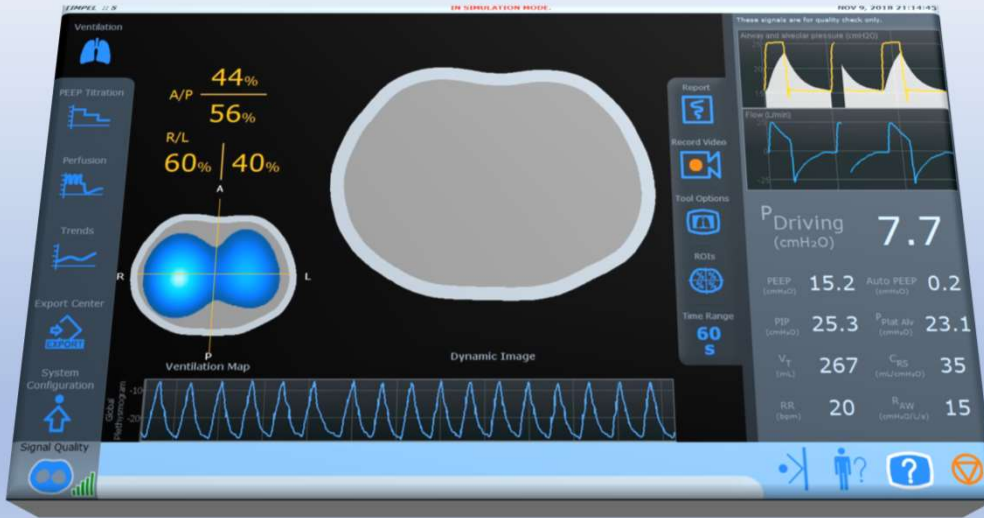
Noninvasive, radiation free imaging technique that is mainly used for bedside monitoring of the changes in the ventilation and perfusion of lung tissue. EIT is a bedside lung imaging technology that can be used to assess lung volume changes in real time in a repetitive manner



Simonpietri M, et al. Electrical Impedance Tomography: the future of mechanical ventilation? J Mech Vent 2021; 2(2):64-70.

4

Ventilation map



Credit TIMPLE Medical with permission

5

Terms



Ventilation map AZ

Global Ventilation

ITVI

Perfusion map

RVDI

Regional Compliance

Regional Time Constant

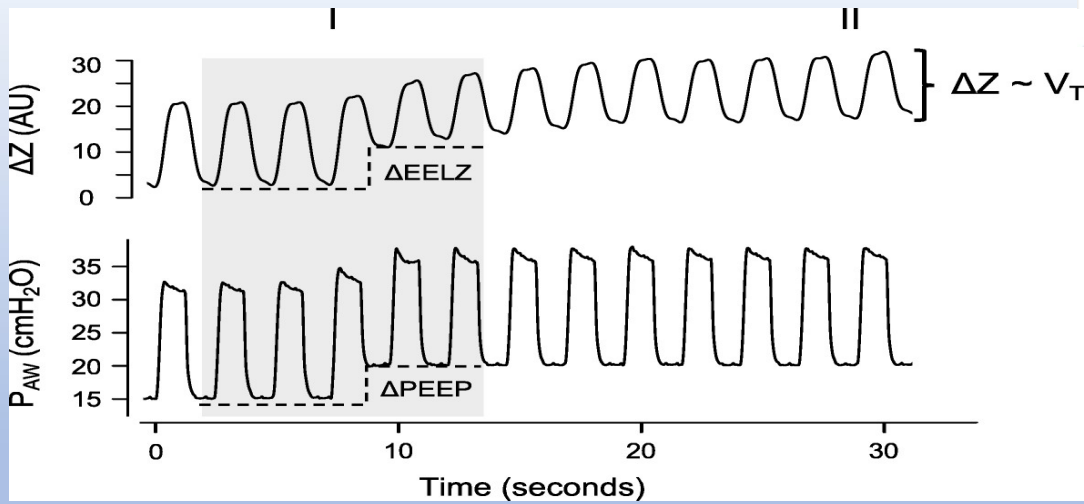
ROI

Global inhomogeneity index ΔEELZ

COV

6

Plethysmography / Lung volumes change

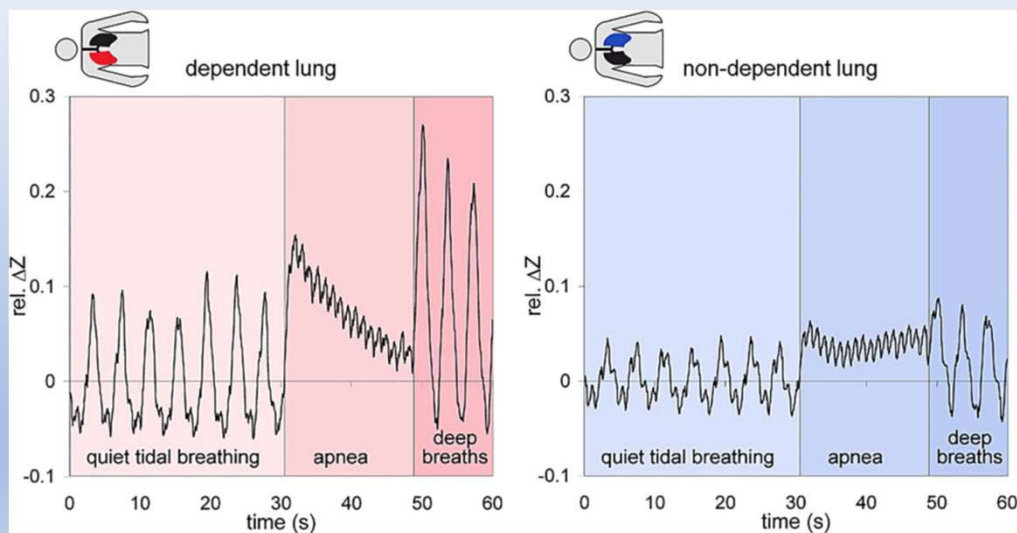


Global (whole image) plethysmogram and airway pressure (PAW) waveforms. (I) Increment in positive end-expiratory pressure (PEEP) increased end-expiratory lung volume ($\Delta EELZ$). (II) Ventilatory cyclical variation (ΔZ) tracks changes in tidal volume (V_T)

Bachmann MC, et al. Electrical impedance tomography in acute respiratory distress syndrome. Crit Care. 2018 Oct 25;22(1):263.

7

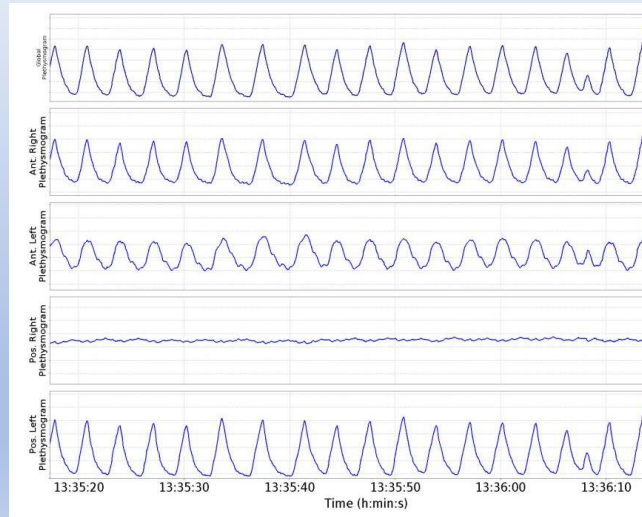
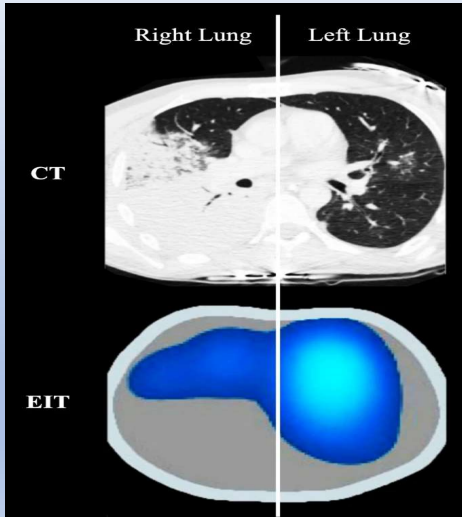
Assessing ventilation inhomogeneity



Frerichs I, et al. Chest electrical impedance tomography examination, data analysis, terminology, clinical use and recommendations: consensus statement of the TRANslational EIT developmeNT stuDy groupThorax 2017;72:83-93.

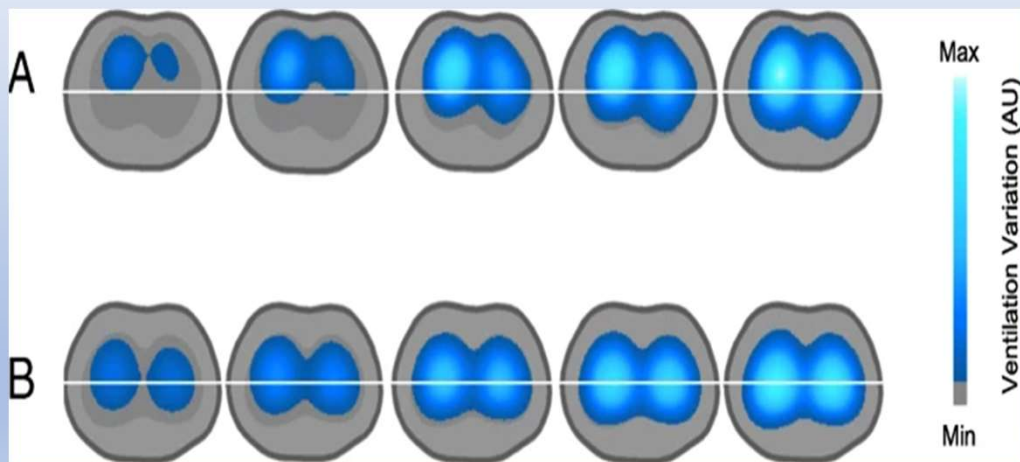
8

Assessing ventilation inhomogeneity



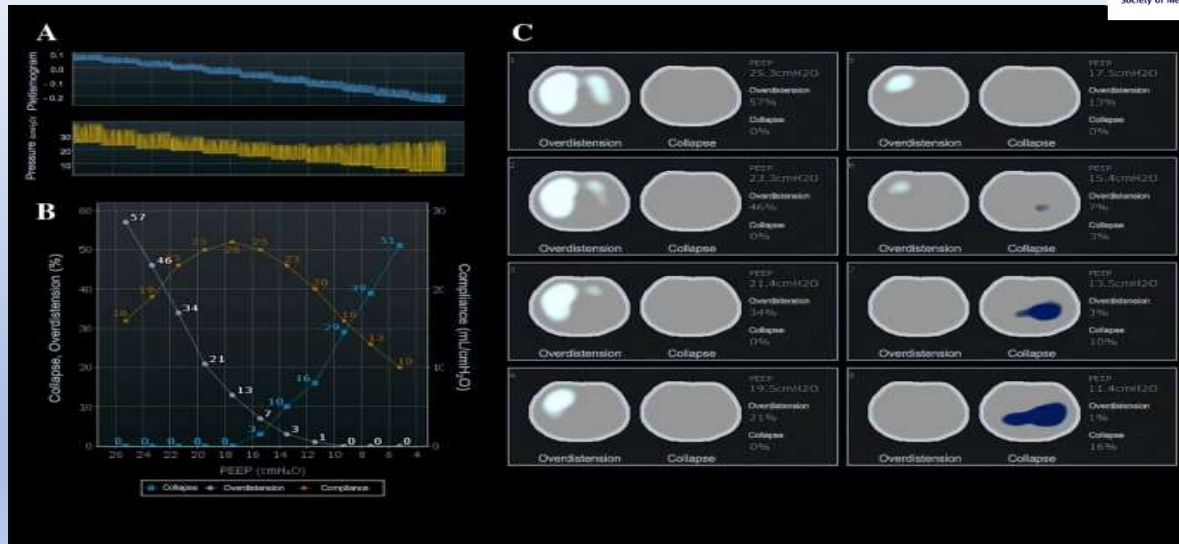
9

Assessing ventilation inhomogeneity



10

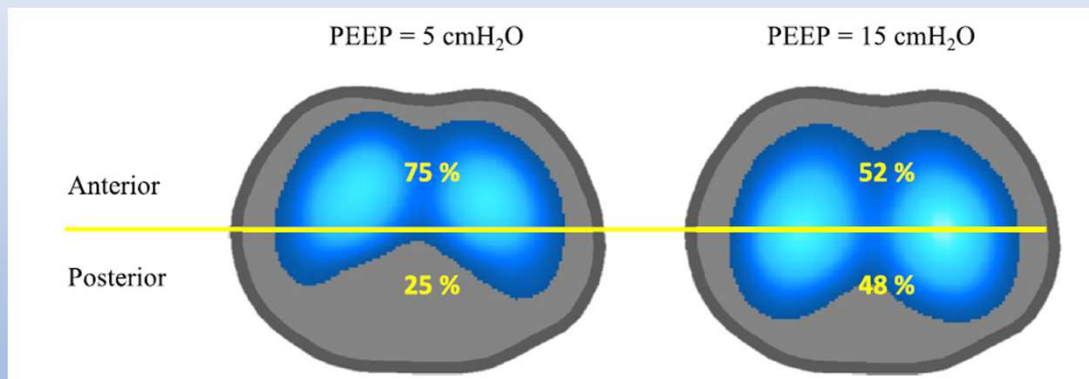
Setting PEEP



Frerichs I, et al. Chest electrical impedance tomography examination, data analysis, terminology, clinical use and recommendations: consensus statement of the TRanslational EIT developmeNt study groupThorax 2017;72:83-93.

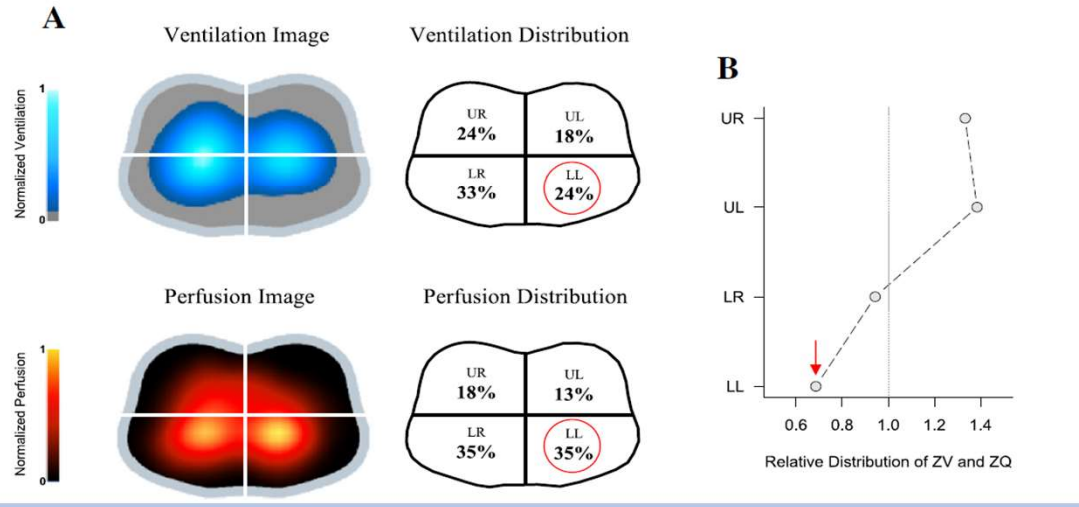
11

Setting PEEP



12

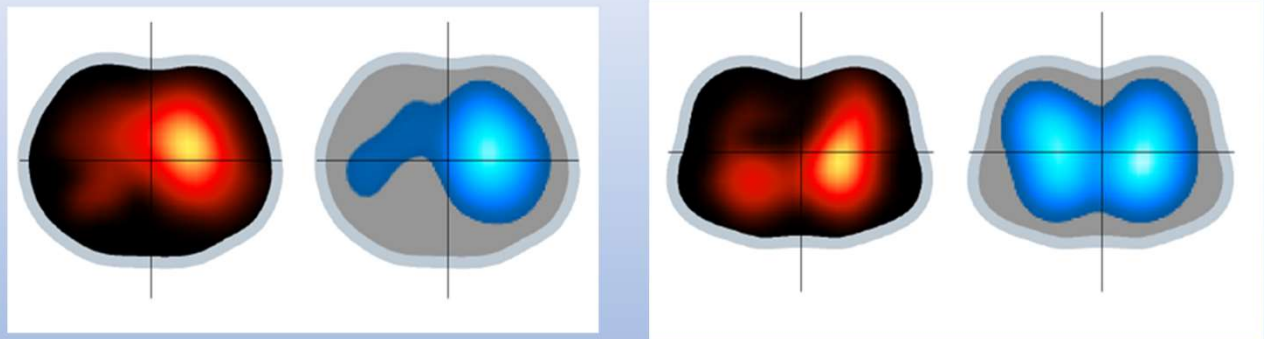
Ventilation & Perfusion



Bachmann MC, et al. Electrical impedance tomography in acute respiratory distress syndrome. Crit Care. 2018 Oct 25;22(1):263.

13

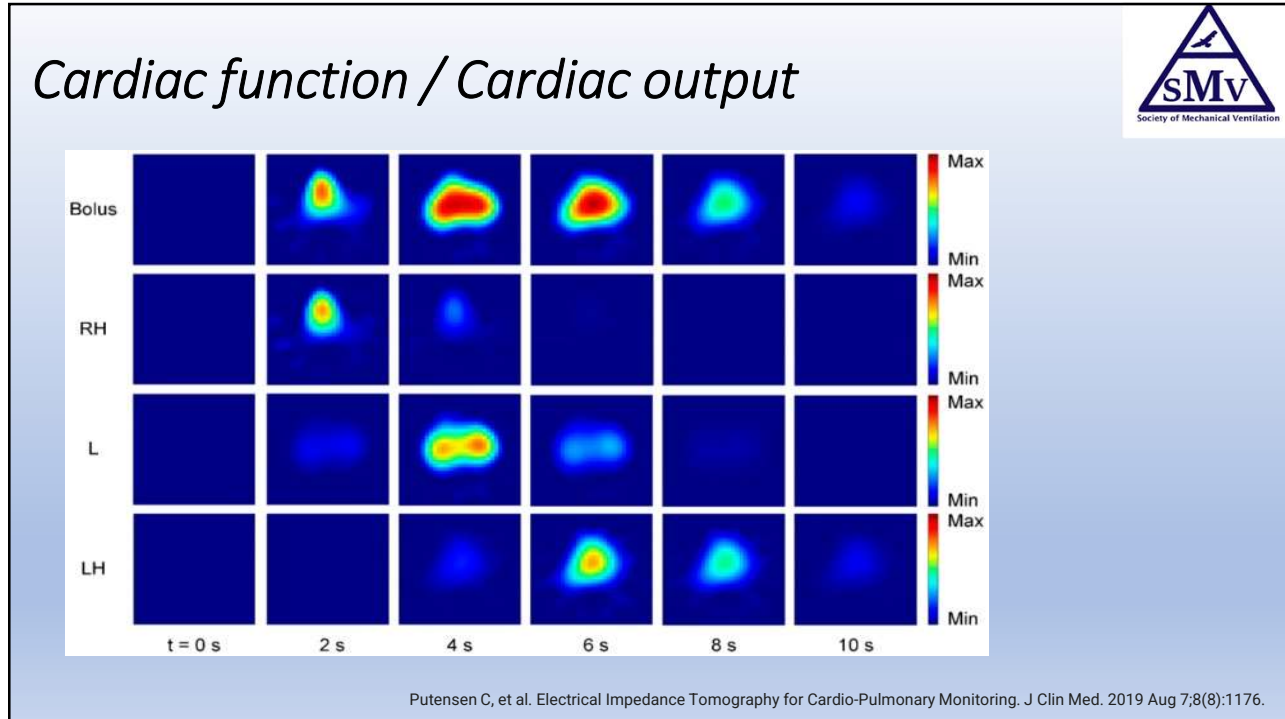
Ventilation & Perfusion



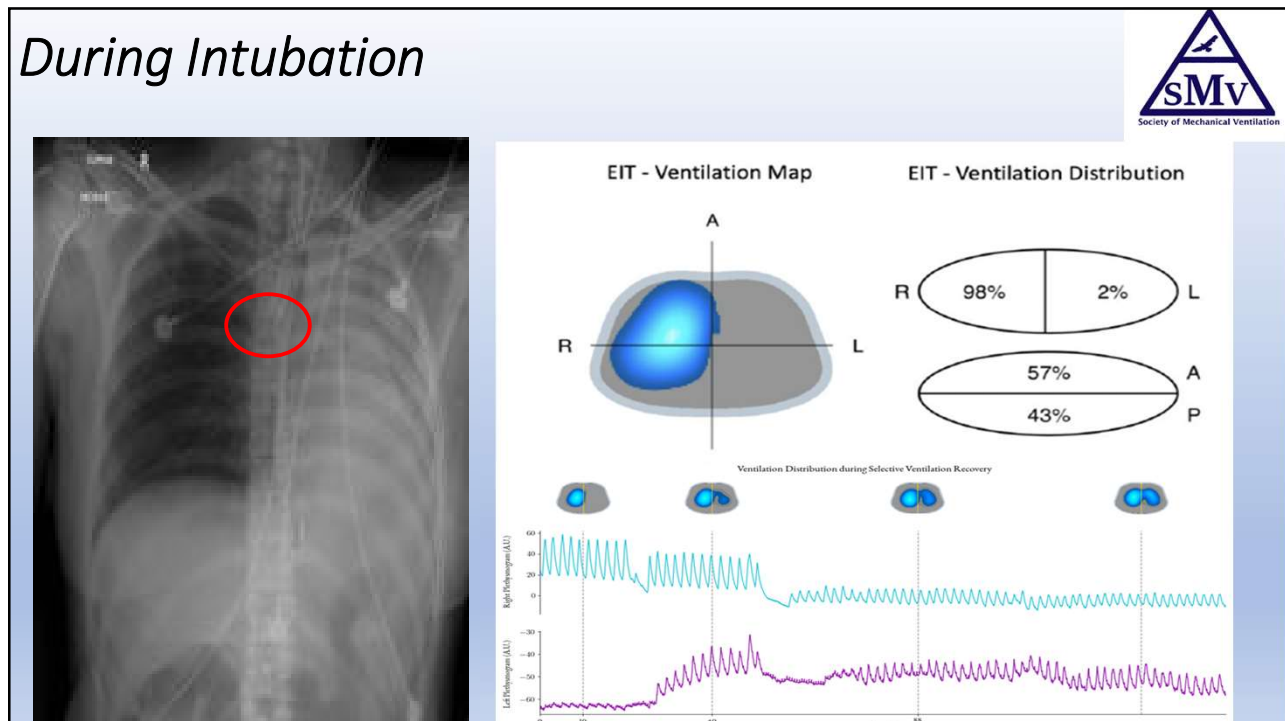
Atelectasis
(Pulmonary Vasoconstriction Reflex)

Pulmonary Thromboembolism

14

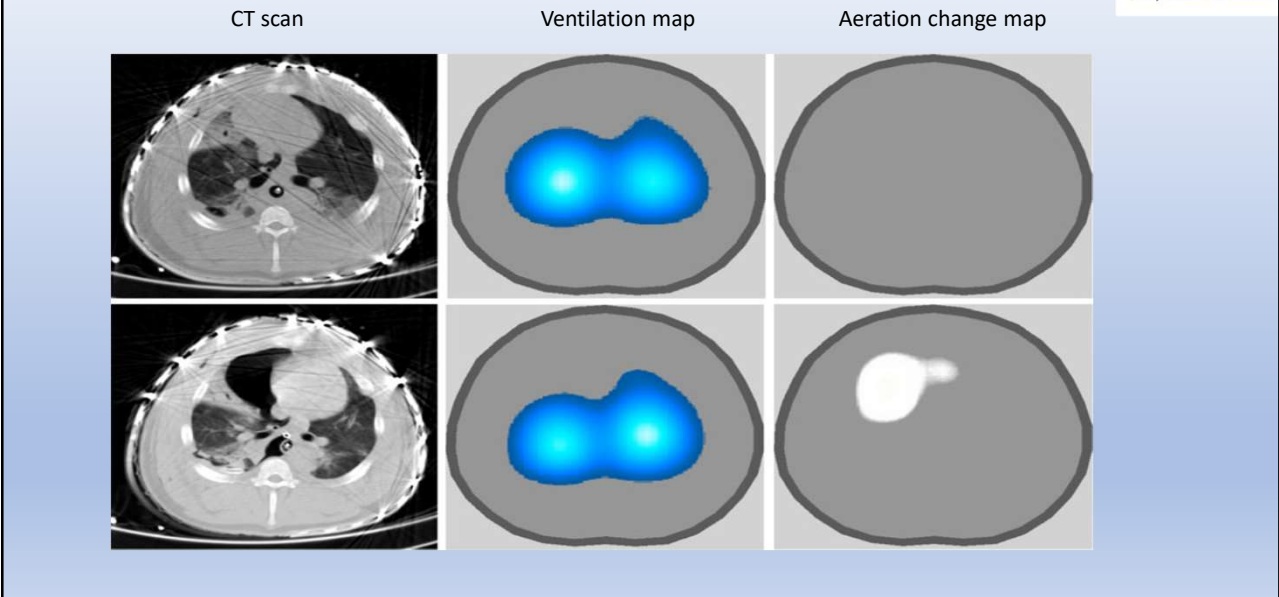


15



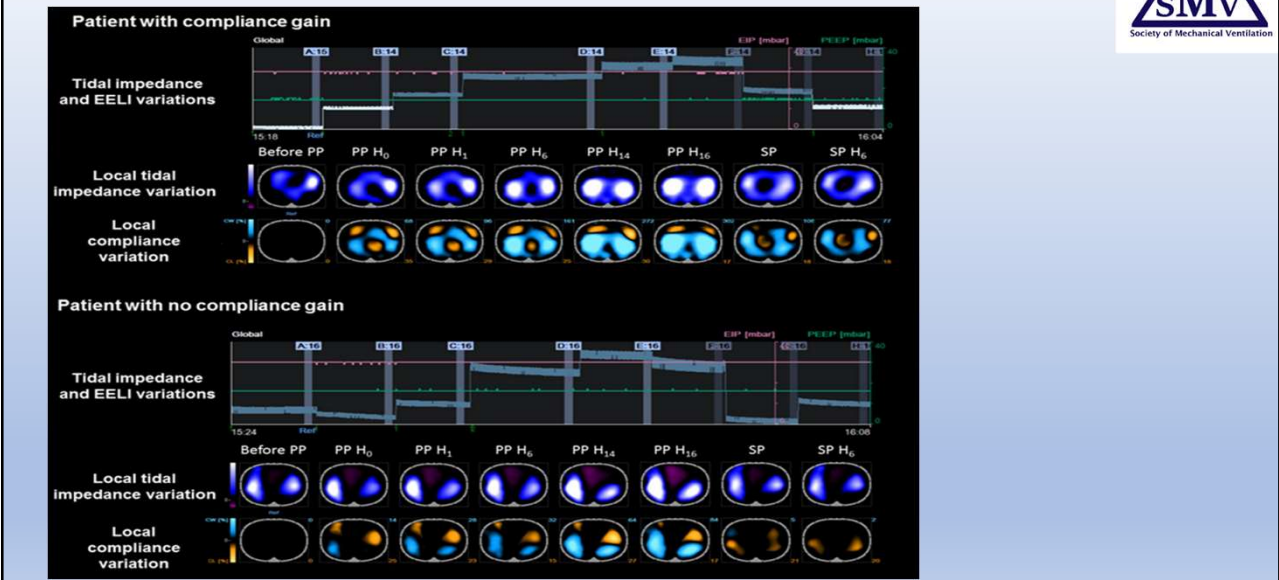
16

Pneumothorax



17

Prone Position



Franchineau G, et al. Prone positioning monitored by electrical impedance tomography in patients with severe acute respiratory distress syndrome on veno-venous ECMO. Ann Intensive Care. 2020 Feb 3;10(1):12.

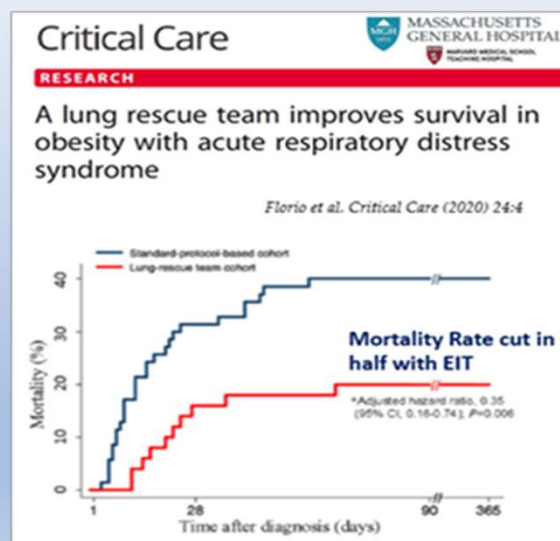
18

Asynchronies



19

Evidence



Standard protocol: ARDS PEEP-FiO₂ table

Rescue team protocol: PEEP : Recruitment maneuver
 Decremental PEEP
 Esophageal balloon
 EIT

- Mortality rate by 50%
- Avoid the need for ECMO by >80%
- Shorter duration of mechanical ventilation
- Shorter ICU length of stay
- Inotropic & Vasopressor Agents lower doses
- No change in the Standard Protocol Group

Florio G et al. A lung rescue team improves survival in obesity with acute respiratory distress syndrome. *Crit Care* 24, 4 (2020).

20

Evidence



ORIGINAL CLINICAL REPORT

OPEN

Individualized Multimodal Physiologic Approach to Mechanical Ventilation in Patients With Obesity and Severe Acute Respiratory Distress Syndrome Reduced Venovenous Extracorporeal Membrane Oxygenation Utilization

CONCLUSIONS: In this hypothesis-generating study, individualized optimization of mechanical ventilation of patients with acute respiratory distress syndrome and obesity by a lung rescue team was associated with a decrease in the utilization of venovenous extracorporeal membrane oxygenation, duration of mechanical ventilation, and ICU length of stay. Mortality was not modified by the lung rescue team intervention.

Outcomes	Total, n = 33	Standard-of-Care Cohort, n = 20	Lung Rescue Team Cohort, n = 13	p
ECMO utilization, n (%)	23 (70)	20 (100)	3 (23)	< 0.001
ECMO duration, d, median (interquartile range)	8 (5-14)	2 (1-14)	9 (6-18)	0.22
Neuromuscular blockade duration, hr mean ± sd	45 ± 27	50 ± 35	41 ± 20	0.38
Pulmonary vasodilator use, n (%)	24 (73)	14 (70)	10 (75)	1.0
Occurrence of reintubation, n (%)	9 (27)	7 (35)	2 (15)	0.26
Acute kidney injury, n (%)	27 (82)	15 (75)	12 (92)	0.36
Of which required renal replacement therapy	16 (59)	9 (60)	7 (58)	0.93
Duration of mechanical ventilation, d, median (interquartile range)	16 (9-22)	20 (12.5-29.5)	9 (5-16)	0.03
ICU LOS after consult, d, median (interquartile range)	17 (11-27)	21 (13-35)	13 (11-16)	0.03
Hospital LOS after consult, d, median (interquartile range)	26 (14-44)	32 (14.5-57)	21 (14-27)	0.19
ICU mortality, n (%)	10 (30)	7 (35)	3 (23)	0.70

Zadek F, et al. Individualized Multimodal Physiologic Approach to Mechanical Ventilation in Patients With Obesity and Severe Acute Respiratory Distress Syndrome Reduced Venovenous Extracorporeal Membrane Oxygenation Utilization. Crit Care Explor. 2021 Jun 29;3(7):e0461.

21

Evidence



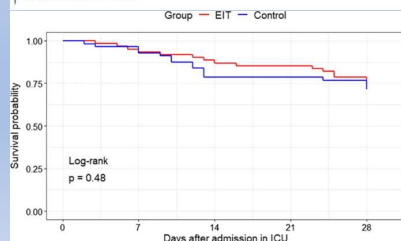
RESEARCH

Open Access



Early individualized positive end-expiratory pressure guided by electrical impedance tomography in acute respiratory distress syndrome: a randomized controlled clinical trial

Conclusion: Our study showed a 6% absolute decrease in mortality in the EIT group: a statistically non-significant, but clinically non-negligible result. This result along with the showed improvement in organ function might justify further reserach to validate the beneficial effect of individualized EIT-guided PEEP setting on clinical outcomes of patients with ARDS.

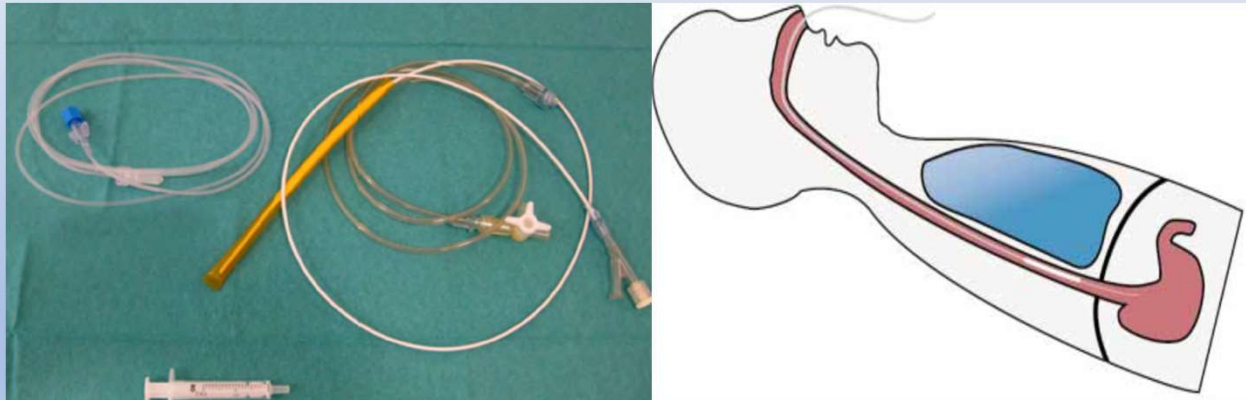


Variables	EIT group N = 61	Control group N = 56	p value
Clinical outcome			
28-day mortality (n, %)	13 (21%)	15 (27%)	0.634
Ventilator-free days at day 28 (D)	14.0 (0.0, 23.0)	16.5 (0.0, 24.0)	0.764
Length of ICU stay (D)	13.0 (7.0, 25.0)	10.0 (7.0, 14.0)	0.169
ΔD1 SORA score	0 (-1, 1)	0.5 (-1, 2.7)	0.021*
ΔD2 SORA score	-1 (-3.5, 0)	1 (-2, 2)	<0.0001*
Successful extubation (n, %)	30 (49%)	31 (55%)	0.632
Tracheostomy (n, %)	17 (28%)	11 (20%)	0.409
Adjvant therapy			
Neuromuscular blocker (n, %)	12 (20%)	5 (9%)	0.166
Prone position (n, %)	30 (49%)	23 (41%)	0.407
Glucocorticoid therapy (n, %)	11 (18%)	6 (11%)	0.390

He H, et al. Early individualized positive end-expiratory pressure guided by electrical impedance tomography in acute respiratory distress syndrome: a randomized controlled clinical trial. Crit Care. 2021 Jun 30;25(1):230.

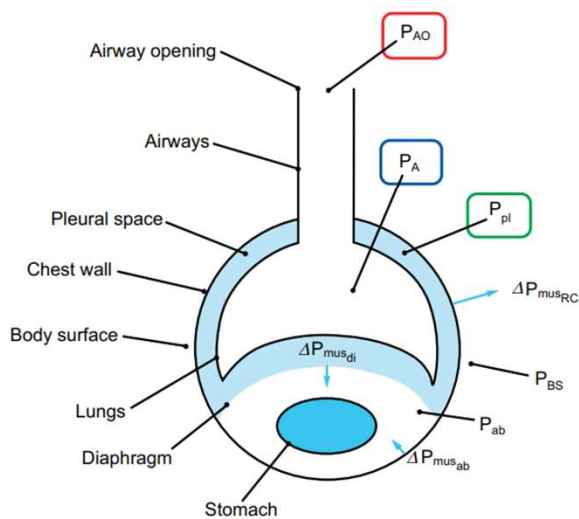
22

Esophageal Balloon Manometry



23

Esophageal Balloon Manometry



Transmural pressure
 $P_{in} - P_{out} = P_{across}$

Trans-alveolar pressure difference
 $P_A - P_{pl} = P_{TA}$

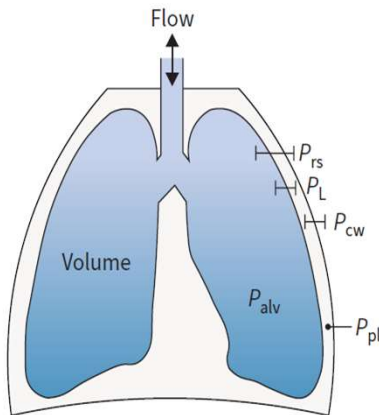
Trans-pulmonary pressure difference
 $P_{AO} - P_{pl} = P_{TP}$

In static conditions $P_{TP} \approx P_{TA}$

Mireles-Cabodevila E, et al. Esophageal Pressure Measurement: A Primer. Respir Care. 2023 Sep;68(9):1281-1294.

24

Equation of motion



$$P_{tot} = P_{res} + P_{el} + P_0$$

$$P_{tot} = P_{res} + (P_L + P_{cw}) + P_0$$

$$P_{tot} = (\text{flow} \times \text{resistance}) + ((\text{volume} \times E_L) + (\text{volume} \times E_{cw})) + P_0$$

Resistive pressure (Pres) is the pressure needed to overcome airway resistance.

Elastic pressure (Pel) is the pressure needed to expand the lungs and the chest wall.

P0 is the pressure inside the respiratory system at the end of expiration, (zero in non-ventilated patients, total PEEP in ventilated patients. **Palv**: alveolar pressure; **Prs**: transrespiratory system pressure); **PL**: transpulmonary pressure; **Pcw**: transmural pressure of the chest wall, **Ppl**: pleural pressure; **EL**: lung elastance; **Ecw**: chest wall elastance.

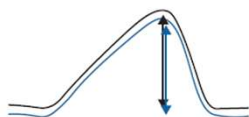
25

Trans-Pulmonary Pressures



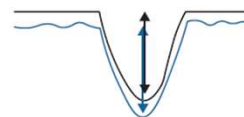
Passive patient

- 1) Perform an end-expiratory occlusion
- 2) Apply a gentle bilateral thoracic compression
- 3) Measure the increase in P_{aw} and P_{oes}



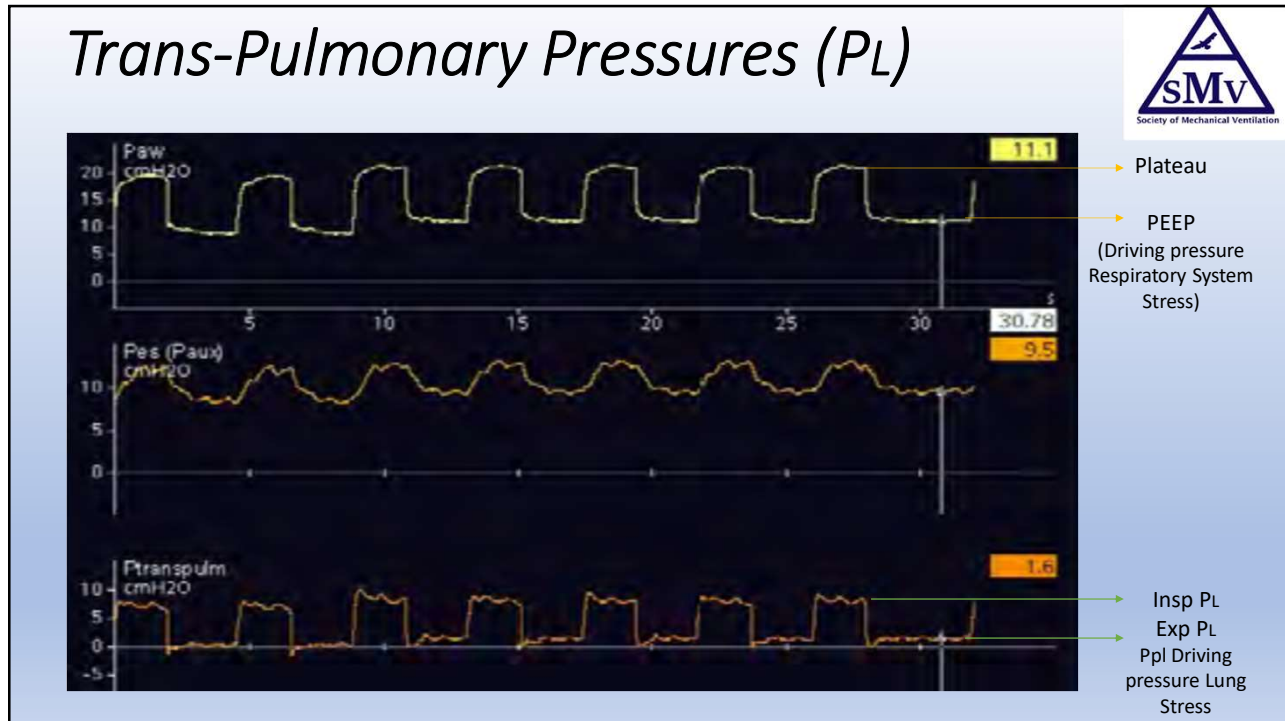
Actively breathing patient

- 1) Perform an end-expiratory occlusion
- 2) Wait for the next occluded inspiratory effort
- 3) Measure the decrease in P_{aw} and P_{oes}

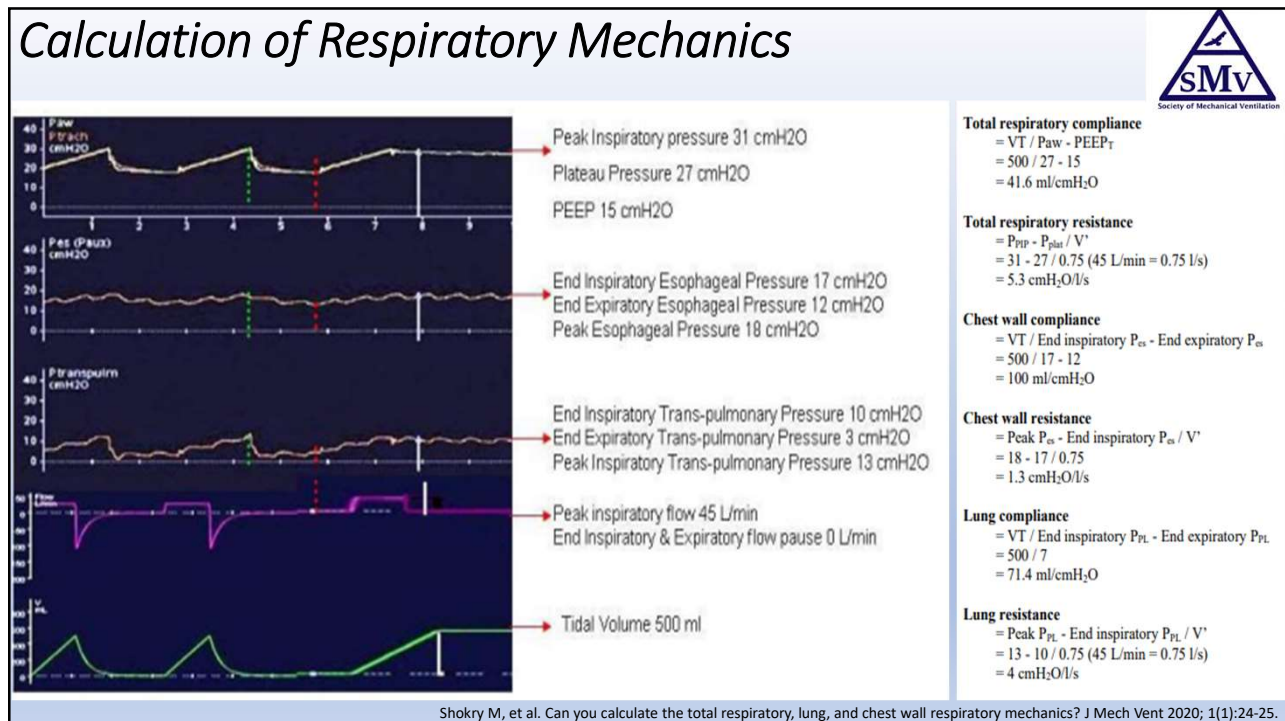


- 4) Check if $\Delta P_{aw} / \Delta P_{oes}$ ratio is within the 0.8–1.2 range
The closer the ratio is to 1, the more precise the P_{oes} measurement is

26



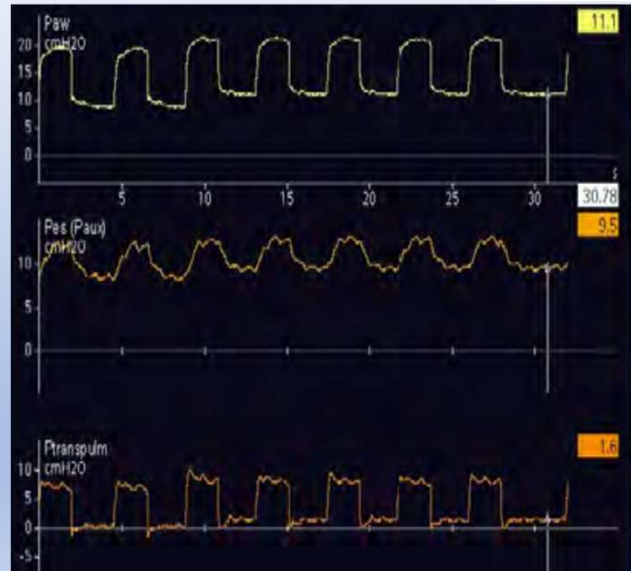
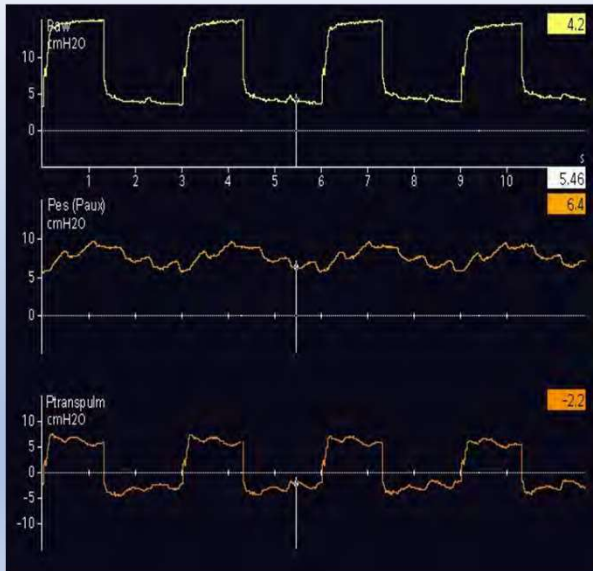
27



28

Setting PEEP (avoid lung collapse and Atelectrauma)

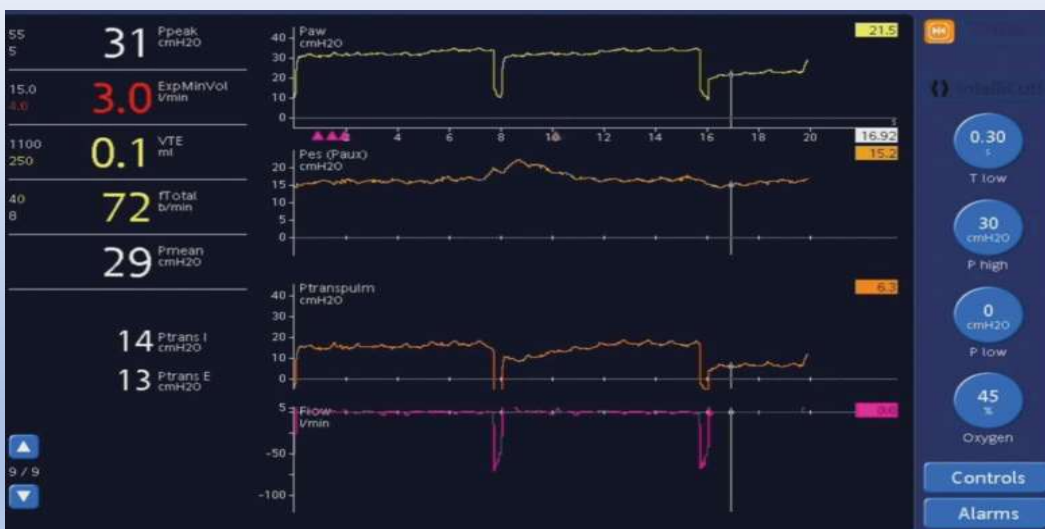
End Exp PL 0 ± 2 cmH₂O



Talmor D, et al. Mechanical ventilation guided by esophageal pressure in acute lung injury. N Engl J Med. 2008 13;359(20):2095-104.

29

Setting T-Low in APRV (Auto-PEEP)



Daoud EG, et al. Esophageal pressure balloon and transpulmonary pressure monitoring in airway pressure release ventilation: a different approach. Can J Respir Ther. 2018 ;54(3):62-65.

30

PEEP guided by Trans-Pulmonary pressure EPVent-1 trial

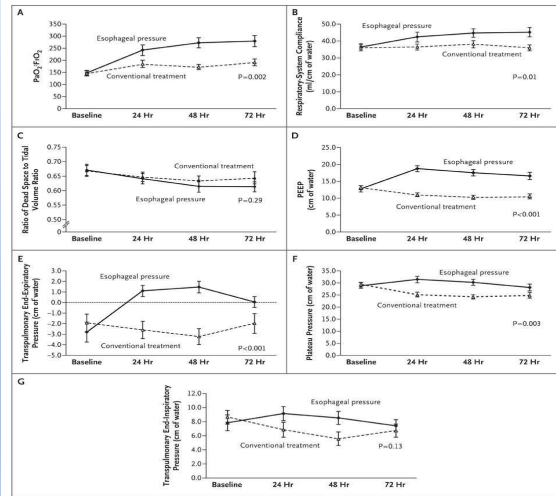


Table 4. Clinical Outcomes.^a

Outcome	Esophageal-Pressure-Guided (N=30)	Conventional Treatment (N=31)	P Value
28-Day mortality — no. (%)	5 (17)	12 (39)	0.055
180-Day mortality — no. (%)	8 (27)	14 (45)	0.13
Length of ICU stay — days			0.16
Median	15.5	13.0	
Interquartile range	10.8–28.5	7.0–22.0	
No. of ICU-free days at 28 days			0.96
Median	5.0	4.0	
Interquartile range	0.0–14.0	0.0–16.0	
No. of ventilator-free days at 28 days			0.50
Median	11.5	7.0	
Interquartile range	0.0–20.3	0.0–17.0	
No. of days of ventilation among survivors			0.71
Median	12.0	16.0	
Interquartile range	7.0–27.5	7.0–20.0	

^a For patients who were deceased at day 28, a value of 0 days was assigned. ICU denotes intensive care unit.

Talmor D, et al. Mechanical ventilation guided by esophageal pressure in acute lung injury. N Engl J Med. 2008 13;359(20):2095-104.

31

PEEP guided by Trans-Pulmonary pressure EPVent-2 trial



JAMA Network

QUESTION What is the clinical benefit of titrating positive end-expiratory pressure (PEEP) according to lung mechanics vs an empirical high PEEP-FiO₂ strategy in patients with acute respiratory distress syndrome (ARDS)?

CONCLUSION This randomized clinical trial found no significant difference in a composite outcome of death and days free from mechanical ventilation in patients with moderate to severe ARDS.

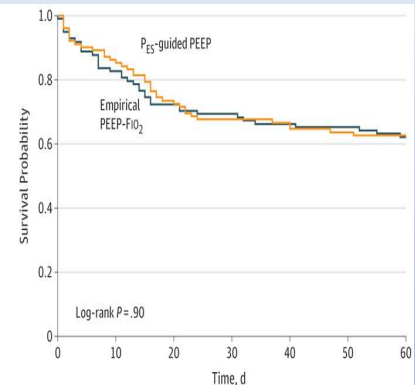
POPULATION
108 Men
92 Women
Patients undergoing mechanical ventilation with moderate to severe ARDS
Mean age: 56 years

INTERVENTION
202 Patients randomized
200 Patients analyzed
102 P_{ES}-guided PEEP: PEEP titration guided by esophageal pressure (P_{ES})
98 Empirical high PEEP-FiO₂: PEEP titration by fraction of inspired oxygen (FiO₂)

FINDINGS
Probability of more favorable outcome based on composite score of death and days free from mechanical ventilation through day 28
P_{ES}-guided PEEP: 49.6%
Empirical high PEEP-FiO₂: 50.4%
No significant difference between groups
P = .92

PRIMARY OUTCOME
Composite score of death and days free from mechanical ventilation through day 28

Beitler JR, et al; for the EPVent-2 Study Group. Effect of titrating PEEP with an esophageal pressure–guided strategy vs an empirical high PEEP-FiO₂ strategy on death and days free from mechanical ventilation among patients with ARDS: a randomized clinical trial [published February 18, 2019]. JAMA. doi:10.1001/jama.2019.0555



© AM. No. at risk

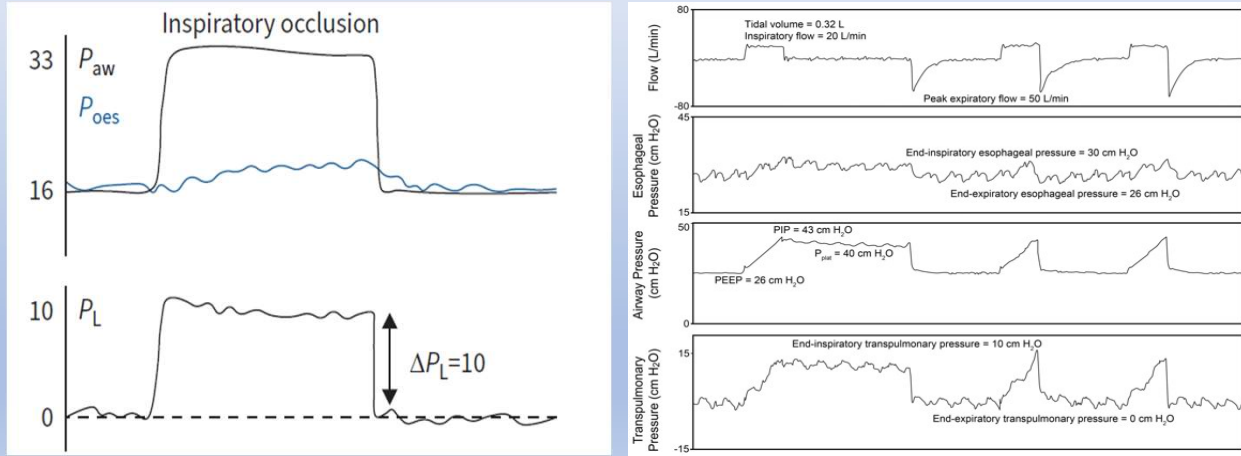
	102	88	75	68	67	64	63
P _{ES} -guided PEEP	102	88	75	68	67	64	63
Empirical PEEP-FiO ₂	98	81	71	68	65	64	61

Beitler JR, et al; EPVent-2 Study Group. Effect of Titrating Positive End-Expiratory Pressure (PEEP) With an Esophageal Pressure-Guided Strategy vs an Empirical High PEEP-FiO₂ Strategy on Death and Days Free From Mechanical Ventilation Among Patients With Acute Respiratory Distress Syndrome: A Randomized Clinical Trial. JAMA. 2019 Mar 5;321(9):846-857.

32

Limiting stress applied to the lung (ARDS & Obesity)

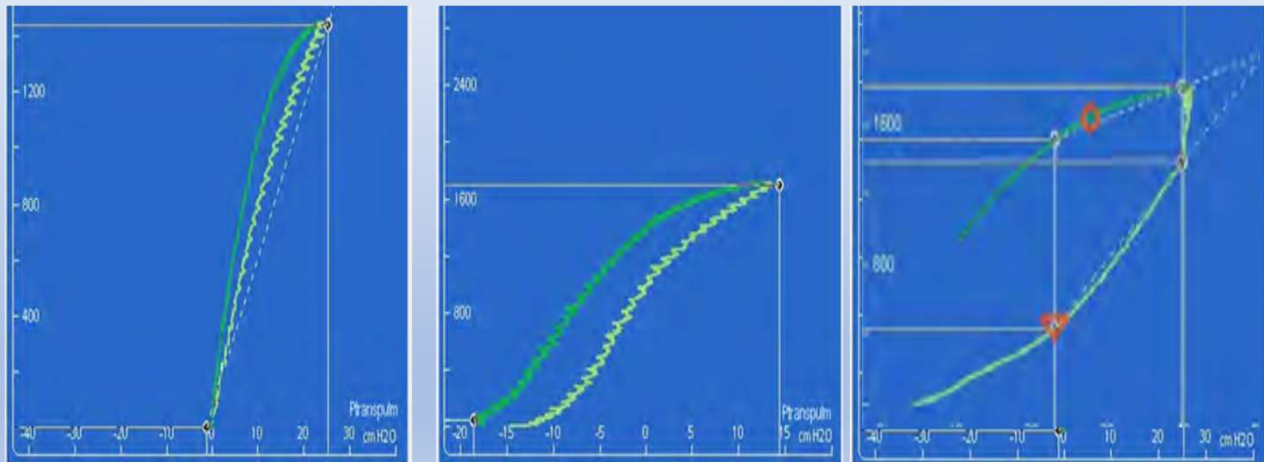
End Insp $P_L < 10-12$ cmH₂O



Hess D. Respiratory Mechanics in Mechanically Ventilated Patients. Respir Care 2014;59:1773-1794

33

Lung Recruitability



Baedorf Kassis E, et al. Recruitment maneuvers: using transpulmonary pressure to help Goldilocks. Intensive Care Med. 2017 Aug;43(8):1162-1163.

34

Effect of position (Prone & Trendelenburg)



Effects of the Prone Position on Respiratory Mechanics and Gas Exchange during Acute Lung Injury

Table 4. RESPIRATORY MECHANICS VALUES DURING THE STUDY*

	Baseline 0 min	Prone 30 min	Prone 120 min	Supine 30 min	Supine 120 min
EELV, L	1.17 ± 0.41	1.25 ± 0.49	1.29 ± 0.57	1.20 ± 0.58	1.29 ± 0.66
IAP, cm H ₂ O	11.4 ± 7.2	—	14.8 ± 6.6	—	10.4 ± 7.2
Cst.rs, ml/cm H ₂ O	38.4 ± 13.7	36.8 ± 11.8	35.9 ± 10.7	42.3 ± 14.4 [‡]	43.0 ± 15.2 [‡]
Cst.L, ml/cm H ₂ O	52.4 ± 23.3	55.3 ± 26.2	53.9 ± 23.6	57.5 ± 25.13 [‡]	58.5 ± 27.3 [‡]
Cst.w, ml/cm H ₂ O	204.8 ± 97.4	146.8 ± 55.5	135.9 ± 52.5 [‡]	219.1 ± 100.9	232.0 ± 84.0
Rtot.rs, cm H ₂ O/L/s	17.5 ± 6.4	17.6 ± 4.8	17.6 ± 5.7	17.9 ± 5.2	16.6 ± 4.5
Rtot.L, cm H ₂ O/L/s	15.2 ± 6.5	15.1 ± 5.3	15.0 ± 5.5	15.8 ± 5.7	14.5 ± 4.5
Rtot.w, cm H ₂ O/L/s	2.3 ± 1.8	2.5 ± 1.6	2.6 ± 1.3	2.1 ± 1.4	2.1 ± 1.2

Pelosi P, et al. Effects of the prone position on respiratory mechanics and gas exchange during acute lung injury. Am J Respir Crit Care Med. 1998 Feb;157(2):387-93.



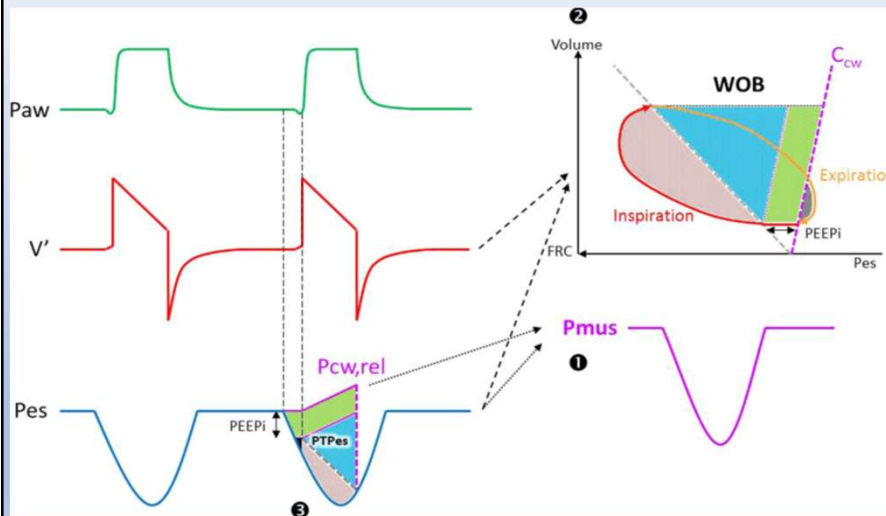
Effect of Trendelenburg position during prone ventilation in fifteen COVID-19 patients. Observational study

	Reverse Trendelenburg (RT)	Trendelenburg (T)	Difference	P value
Tidal volume (ml)	391.3 ± 52.7	471.6 ± 60.9	80.26 (20.5%)	0.001
Tidal volume (ml/kg)	6.1 ± 0.4	7.27 ± 0.8	1.17 (19%)	0.001
CRS (ml/cmH ₂ O)	34.6 ± 4.7	39.5 ± 4.6	4.9 (14%)	0.001
CL (ml/cmH ₂ O)	66.6 ± 1.7	83.3 ± 3.3	16.7 (25%)	0.001
CCW (ml/cmH ₂ O)	65 ± 1.4	66.5 ± 2.3	1.5 (2%)	0.085

Su M, et al. Effect of Trendelenburg position during prone ventilation in fifteen COVID-19 patients. J Mech Vent 2021; 2(4):125-130.

35

Calculation of Muscle pressure (P_{mus}), WOB, PTP



Resistive (red area), Elastic (blue area), PEEPI (green area) and related to active expiration (grey area).

$$P_{mus} = P_{cw,rel} - P_{es}$$

$$WOB = \int (P_{cw} - P_{es}) \times \Delta V$$

$$PTP_{es} = \int P_{mus} \cdot dt$$

P_{cw}: relaxed chest wall compliance
 P_{es}: esophageal pressure
 ΔV: change in tidal volume
 dt: time

Shokry M, et al. Calculating the work of breathing during mechanical ventilation. J Mech Vent 2021; 2(2):71-72.
 Jonkman AH, ET AL. The oesophageal balloon for respiratory monitoring in ventilated patients: updated clinical review and practical aspects. Eur Respir Rev. 2023 May 17;32(168):220186.

36

Weaning


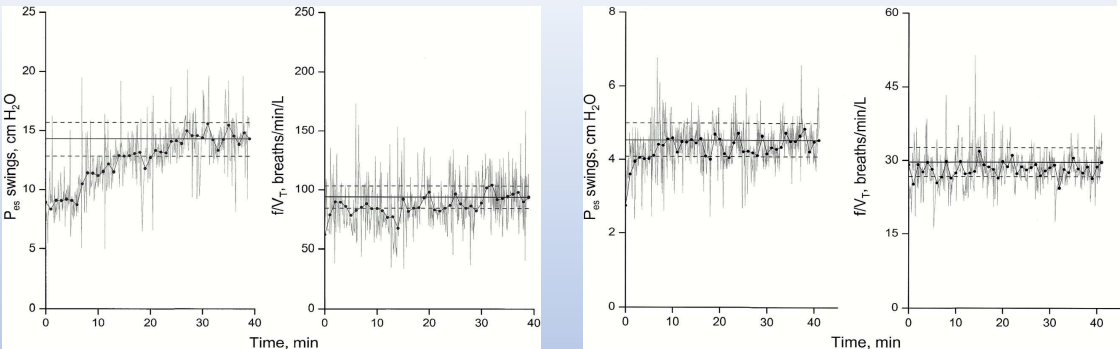



TABLE 2. Accuracy of the indexes used to predict weaning outcome in the validation dataset


Index	Sensitivity	Specificity	Positive Predictive Value	Negative Predictive Value	Likelihood Ratio (95% CI)
Pes swings during first minute, cm H ₂ O	0.18	0.89	0.50	0.64	1.6 (0.3–8.3)
f/VT, breaths/min/L	0.82	0.67	0.60	0.86	2.5 (1.2–5.2)
Pes trend index, a.u.	0.91	0.89	0.83	0.94	8.2 (2.7–29.6)

Definition of abbreviations: a.u. = arbitrary unit; CI = confidence interval; f/VT = frequency-to-VT ratio; Pes = esophageal pressure.

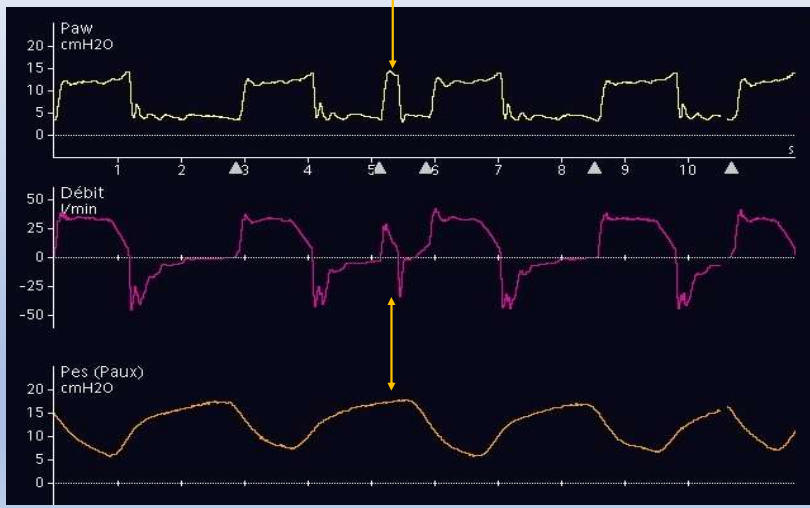
Jubran A, et al. Weaning prediction: esophageal pressure monitoring complements readiness testing. Am J Respir Crit Care Med. 2005 Jun 1;171(11):1252-9.

37

Asynchronies



Autotrigger



Mireles-Cabodevila E, Fischer M, Wiles S, Chatburn RL. Esophageal Pressure Measurement: A Primer. Respir Care. 2023 Jul 11;respcore.11157.

38

Asynchronies



Double trigger

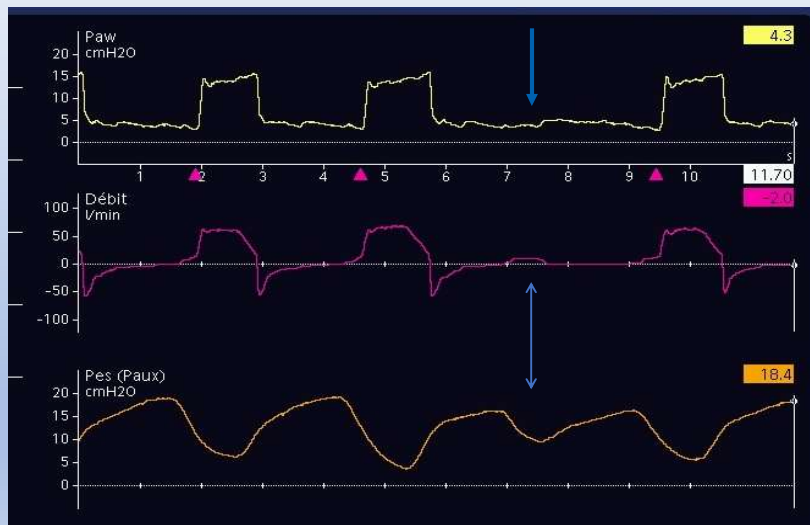


39

Asynchronies

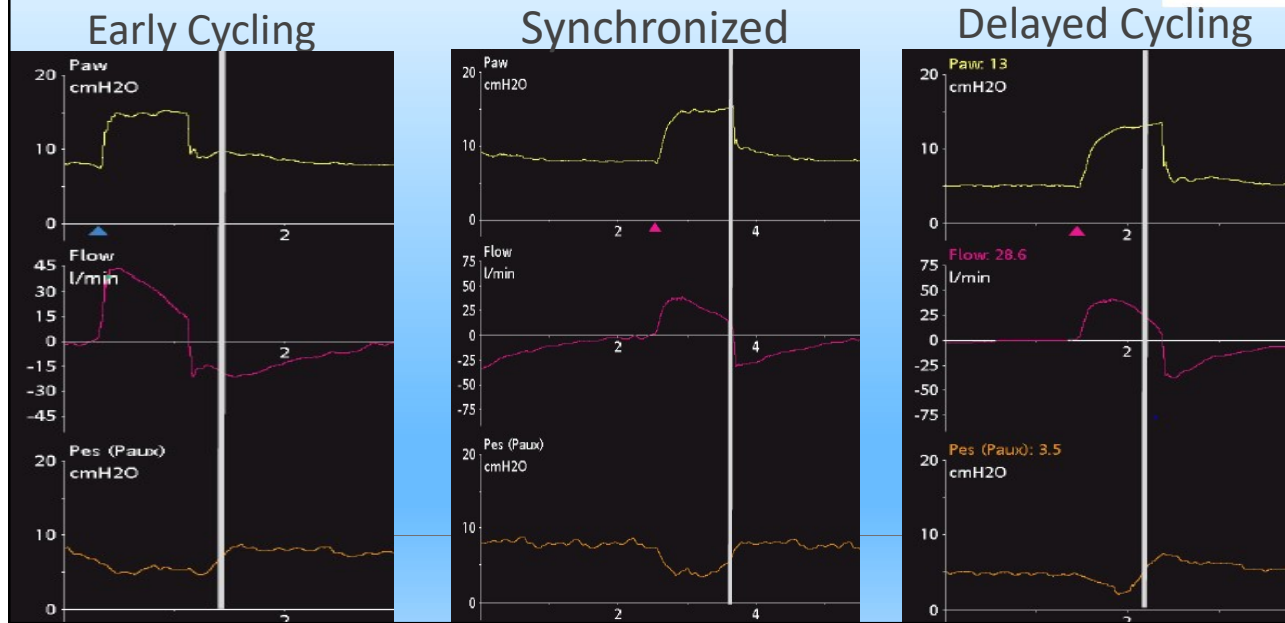


Missed trigger



40

Asynchronies



41

Trans-Vascular / Trans-Mural pressures Heart – Lung Interactions



**CVP/RAP/PAWP
15 mmHg**

10

4 4

P_{TV} 12

$15 - 2.93 = 12$

0

-3 -3

P_{TV} 17

$15 - (-2.2) = 17$

1	=	0.735559
Centimeter of water	⇅	Millimeter of mercury

```

    graph TD
      A[Lung inflation] --> B[Normal compliance]
      A --> C[Altered compliance]
      B --> D[Significant increase in Ppl]
      C --> E[Predominant increase in Ptp]
      D --> F[Effects on cardiac cavities (RA, LV) and great vessels (SVC)]
      E --> G[Effects on RV and pulmonary capillaries]
      F --> H[Heart lung interactions under MV]
      G --> H
      H --> I[How to evaluate the pleural pressure?]
      H --> J[How to evaluate the transpulmonary pressure?]
      I --> K(Pes)
      J --> L(Paw-Pes)
    
```

Viellard-Baron A, et al. Experts' opinion on management of hemodynamics in ARDS patients: focus on the effects of mechanical ventilation. *Intensive Care Med* 2016;42:739-49.

42

Summary

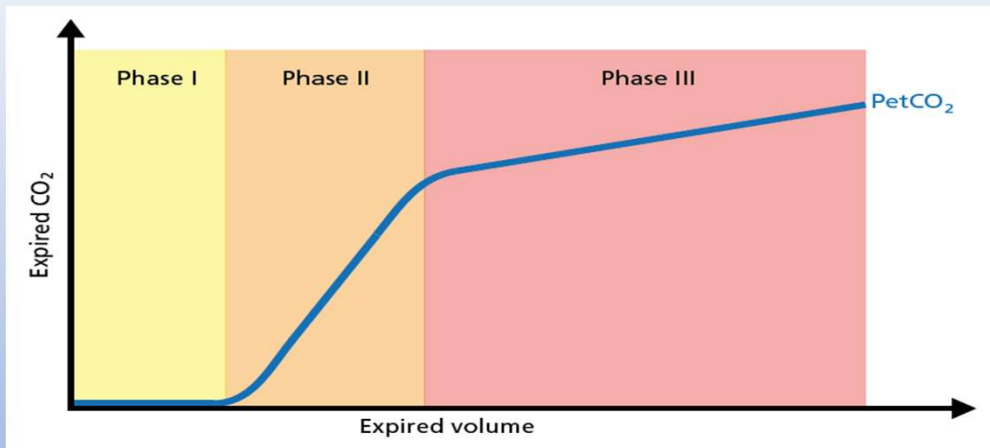


Case-scenario	Relevant Pes-derived measure*	Clinical significance	Clinical recommendation
Passively ventilated patient	Tidal ΔP_L	Measure of the tidal stress applied to lung parenchyma	Possibly keep below 10–12 cmH ₂ O in ARDS patients
	End Inspiratory P_L	Measure of the total stress applied to lung parenchyma	Possibly keep below 20–25 cmH ₂ O in ARDS patients
	End expiratory P_L	Negative value possibly indicating tendency of the alveoli and/or airways to collapse	Possibly keep above 0 cmH ₂ O in ARDS patients
	Transmural pulmonary vascular pressure	Effective pressure driving blood flow in intrathoracic vascular structures	Consider delta between CVP and end-expiratory P_{es} rather than CVP per se to better understand volume status of the patient
	Periodically interspersed negative P_{es} swings after passively delivered ventilator breaths	Detection of reverse triggering	Consider paralysis or modify sedation (reduce sedation to let the patient trigger)
Ventilated patient with active breathing	Transmural pulmonary vascular pressure	Effective pressure across intrathoracic vascular structures	Consider delta between CVP and end-expiratory P_{es} rather than CVP per se to better understand volume status of the patient
	End inspiratory P_L	Measure of the tidal stress applied to lung parenchyma	Possibly keep below 20–25 cmH ₂ O in ARDS patients
	P_{mus}	Measure of the pressure generated by the patient's inspiratory muscles	Normal values are between 5 and 10 cmH ₂ O
	Work of breathing	Measure of patient's total work during the respiratory cycle	Normal values are around 0.35 or 2.4 J min ⁻¹
	PTPes	Measure of patient's respiratory muscles effort to breathe	Normal values are around 100 cmH ₂ O s min ⁻¹
	Negative P_{es} swings without ventilator pressurization	Ineffective effort	Titrate PEEP and/or decrease support and/or consider NAVA
	P_{es} inspiratory time longer than ventilator inspiratory time	Double triggering or premature cycling	Increase ventilator T_i up to 0.8–1.0 s or consider switching to NAVA or PAV. Rule out non-ventilatory causes (metabolic acidosis, encephalopathy, etc.)
	No P_{es} swing prior to ventilator pressurization	Auto-triggering	Check for leaks, trigger settings, ventilator tubing (water in circuits) and/or decrease sedation
	Increasing PTPes and/or P_{es} swings along spontaneous breathing trial	High likelihood of failure to wean	Differentiate whether resistive or elastic workload increased and treat consequently. Reconnect to ventilator

Mauri T, et al. PleUral pressure working Group (PLUG—Acute Respiratory Failure section of the European Society of Intensive Care Medicine). Esophageal and transpulmonary pressure in the clinical setting: meaning, usefulness and perspectives. Intensive Care Med. 2016 Sep;42(9):1360-73.

43

Volumetric Capnography



Phase I - Anatomical dead space
Phase II - Transition phase: gas from proximal lung areas and fast emptying lung areas
Phase III - Plateau phase: gas from alveoli and slow emptying areas

Credit Hamilton Medical with permission

44

Calculation of Anatomical, Alveolar dead space and Alveolar tidal volume

Verscheure S, et al. Volumetric capnography: lessons from the past and current clinical applications. Crit Care. 2016 Jun 23;20(1):184.

45

Information

46

VCO2 Volume of CO2 eliminated/minute

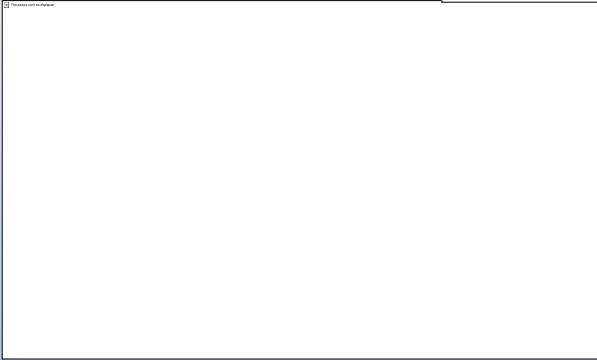
Area X represents the actual volume of CO2 exhaled in one breath (VeCO2). Adding up all of the single breaths in one minute gives you the total elimination of CO2 per minute (V'CO2). If cardiac output, lung perfusion, and ventilation are stable, this is an assessment of the production of CO2 called V'CO2. The V'CO2 value displayed on the ventilator can be affected by any change in CO2 production, cardiac output, lung perfusion, and ventilation. It indicates instantly how the patient's gas exchange responds to a change in ventilator settings. Monitoring trends allows for detection of sudden and rapid changes in V'CO2.

Decreasing V'CO2

Hypothermia, deep sedation, hypothyroidism, paralysis, brain death decrease CO2 production and induce a decrease in V'CO2. Decreasing V'CO2 can also be due to a decrease in cardiac output or blood loss, and may also suggest a change in blood flow: PE


Increase in V'CO2

is usually due to bicarbonate infusion or an increase in CO2 production that can be caused by: Fever, Sepsis, Seizures, Hyperthyroidism, Insulin therapy, Bicarbonate infusion



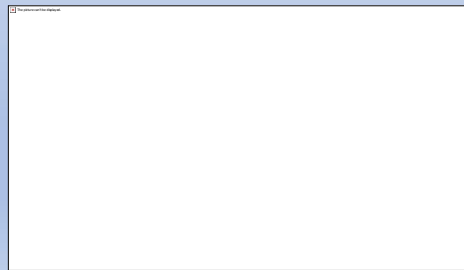
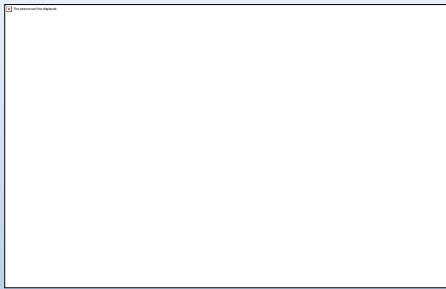
47

Normal values



48

Diagnosis of lung conditions

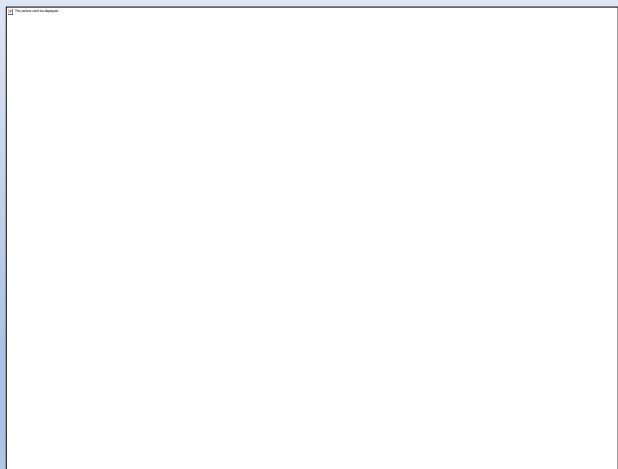
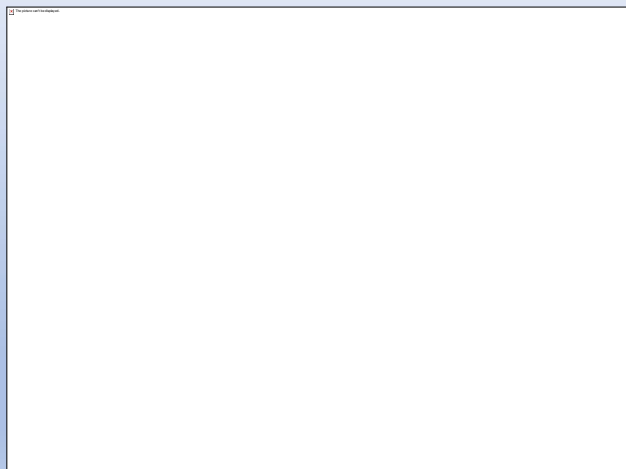


Erikson, L, Wollmer, P, Olsson, CG, et al. Diagnosis of pulmonary embolism based upon alveolar dead space analysis. *Chest*1989;96,357-362.

Yaron M, Padyk P, Hutsinpiiler M, Cairns CB. Utility of the expiratory capnogram in the asses of bronchospasm. *Ann Emerg Med.* 1996 Oct;28(4):403-7.

49

Setting PEEP



Determination of Optimal PEEP by Carbon Dioxide Production (VCO2) in ARDS Patients. , *J Anesth Clin Res* 2019, 10:2

50

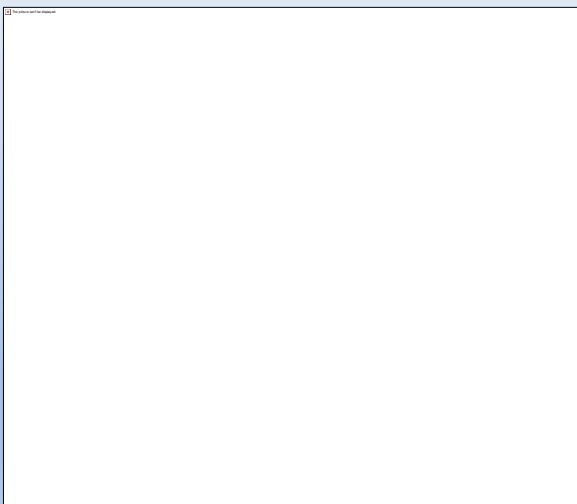
Recruitment maneuver



Tusman G, et al. (2011). Volumetric capnography for monitoring lung recruitment and PEEP titration. In J. Gravenstein, M. Jaffe, N. Gravenstein, & D. Paulus. *Capnography* (pp. 160-168). Cambridge

51

Weaning

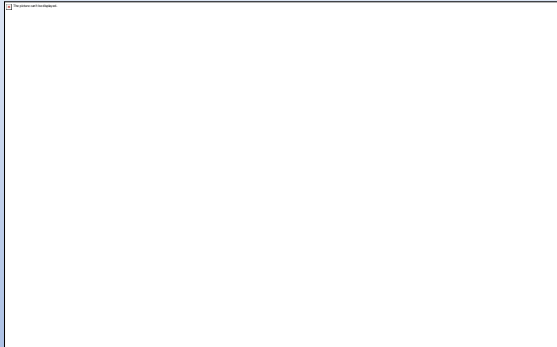


Predictors of failing

- Increasing PECO₂
- Decreasing VCO₂
- Increasing VD/VT ratio

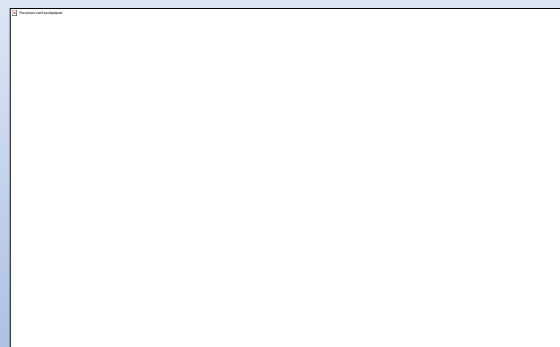
52

PetCO₂ & V'CO₂



If the PetCO₂ trend moves up while the V'CO₂ trend decreases for a while and then returns to baseline, this indicates a worsening of ventilation.

If the PetCO₂ trend moves down while the V'CO₂ trend increases for a while and then returns to baseline, this indicates an improvement of ventilation.

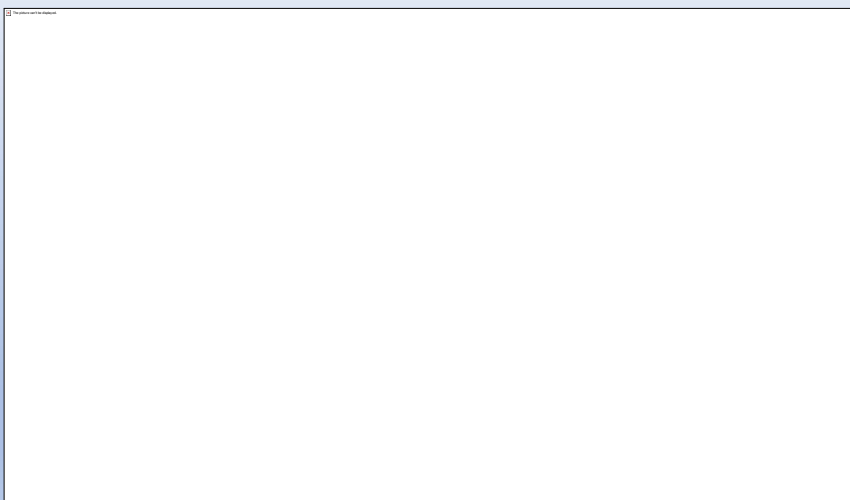


Rising PetCO₂ and V'CO₂ trends indicate increasing CO₂ production (agitation, pain, fever).

Falling PetCO₂ and V'CO₂ trends indicate a decrease in CO₂ production.

53

Alveolar Mechanics and Mechanical Power



Alveolar compliance

$VT - V_{D_{anatomical}} / \text{Trans-alveolar DP}$
 $V_{T_{alveolar}} / \text{Trans-alveolar DP}$

Alveolar flow

$\dot{V}_{alv} = V_{T_{alveolar}} / T_{inspiration}$

Alveolar resistance

$R_{alv} = \text{Trans-Pulmonary pressure (PPL)} - \text{TransAlveolar pressure (PTA)} / \dot{V}_{alv}$

MPAlv

$(0.098 \times RR) \times \{2 V_{T_{alveolar}} \times \frac{1}{2} E_{alv} + (V_{T_{alveolar}} \times PEEP)\}$

Daoud EG, Franck CL. Alveolar mechanics: A new concept in respiratory monitoring. J Mech Vent 2022; 3(4):178-188.

54

Hemodynamics and Fluid responsiveness

12 Hemodynamics

12 Hemodynamics

12 Hemodynamics



Young A, et al. Journal of Cardiothoracic and Vascular Anesthesia, Vol 27, No 4 (August), 2013: pp 681-684

55

Continuous measurement of Cardiac Output

Volume capnography can provide quantitative measurements of cardiac output using a technique called “**partial CO2 rebreathing**”. This method is based on a modification of the **Fick principle**, which states that the rate of CO₂ excretion by the lungs must equal the difference between the rate at which CO₂ is delivered by the mixed venous blood (\dot{V}'_{dCO_2}) and the rate at which it leaves in the arterial blood (\dot{V}'_{aCO_2}).

$$\dot{V}'_{ECO_2} = \dot{V}'_{dCO_2} - \dot{V}'_{aCO_2}$$

$$\dot{Q}'_T = (\Delta \dot{V}'_{ECO_2} / \Delta CaCO_2) + \dot{Q}'_S$$

$$\dot{Q}'_T = (\Delta \dot{V}'_{ECO_2} / \Delta CaCO_2) / (1 - \dot{Q}'_S / \dot{Q}'_T)$$

Philip J, et al. Noninvasive, Automated and Continuous Cardiac Output Monitoring by Pulmonary Capnodynamics: Breath-by-breath Comparison with Ultrasonic Flow Probe. Anesthesiology 2006; 105:72–80

56

Calculating Caloric requirements based on VCO2

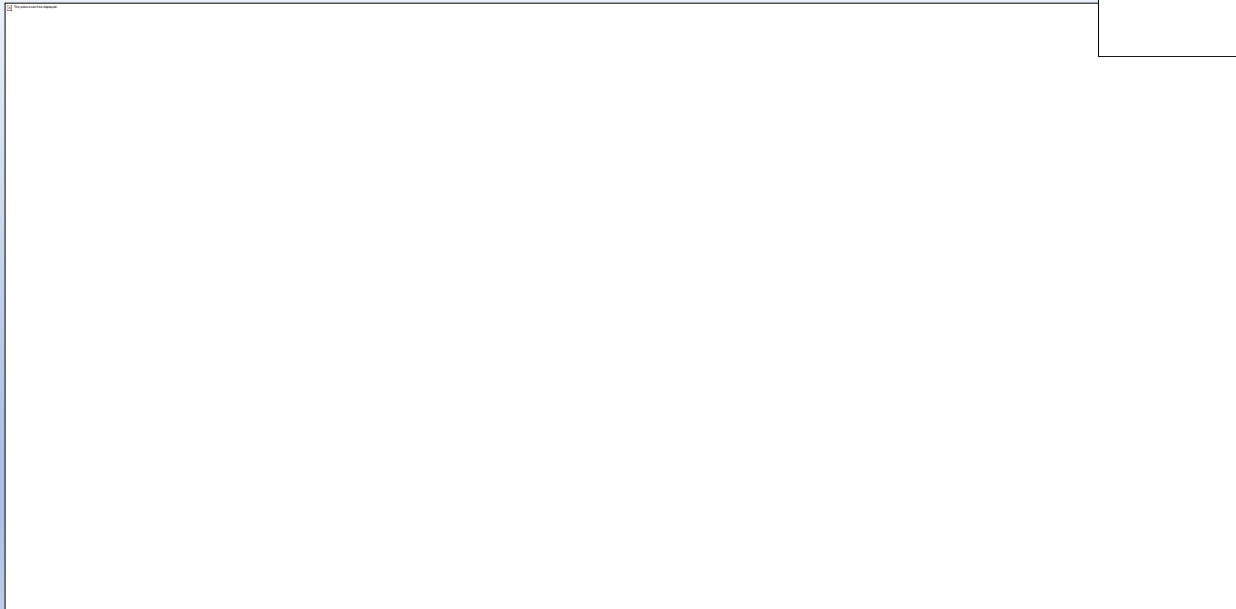
Modified Weir's equation to calculate EE $(3.941 * VCO2/RQ + 1.106 * VCO2) * 1440$



Yatabe, T. Strategies for optimal calorie administration in critically ill patients. *J Intensive Care* 7, 15 (2019).

57

Evidence



Verscheure S, et al. Volumetric capnography: lessons from the past and current clinical applications. *Crit Care*. 2016 Jun 23;20(1):184.

58

