

SEVA™-CrashCourse

Standardized Education for Ventilatory Assistance



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Conflict of Interest

Royalties

- Jones & Bartlett Learning
- Elsevier

Patents

- U.S. Patent 8,550,077

Consulting Agreements

- Ingmar Medical Inc
- Inovytec Medical Solutions Ltd
- Vyaire Medical Inc
- Aires Medical Inc
- Ventis Medical Inc
- ProMedic LLC (for Timpel)
- AutoMedx

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Introduction

SEVA Program

Standardized
Education for
Ventilatory
Assistance

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What is SEVA?

- Standardized Education for Ventilatory Assistance

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What is SEVA?

- **Standardized Education for Ventilatory Assistance**
- **Vision**
 - SEVA is a unique platform for standardizing training by unifying the concepts of, physics, physiology and technology of mechanical ventilation
 - SEVA will provide a globally available program, supported by peer-reviewed articles, to help health care professionals master the skills of mechanical ventilatory support

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What is SEVA?

- **Standardized Education for Ventilatory Assistance**
- **Vision**
 - SEVA is a unique platform for standardizing training by unifying the concepts of, physics, physiology and technology of mechanical ventilation
 - SEVA will provide a globally available program, supported by peer-reviewed articles, to help health care professionals master the skills of mechanical ventilatory support
- **Mission**
 - SEVA provides a universal and standardized education program in the theory and practice of mechanical ventilation.
 - SEVA uses online and simulation-based instruction that is both self-directed and instructor-led to elevate the competency of health care professionals to a mastery level

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Motivation for SEVA

- **Better understanding of available technology**
 - New ventilators offer new capabilities and challenges

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Motivation for SEVA

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- **Better application of new ventilators**
 - New modes and new monitoring tools

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 - New modes and new monitoring tools
- **Better communication among caregivers**
 - Clearer orders and charting in Epic
 - More efficient decision making at the bedside
 - Enhanced training for MDs, NPs, and PAs
 - Improved engagement of RCPs in care decisions

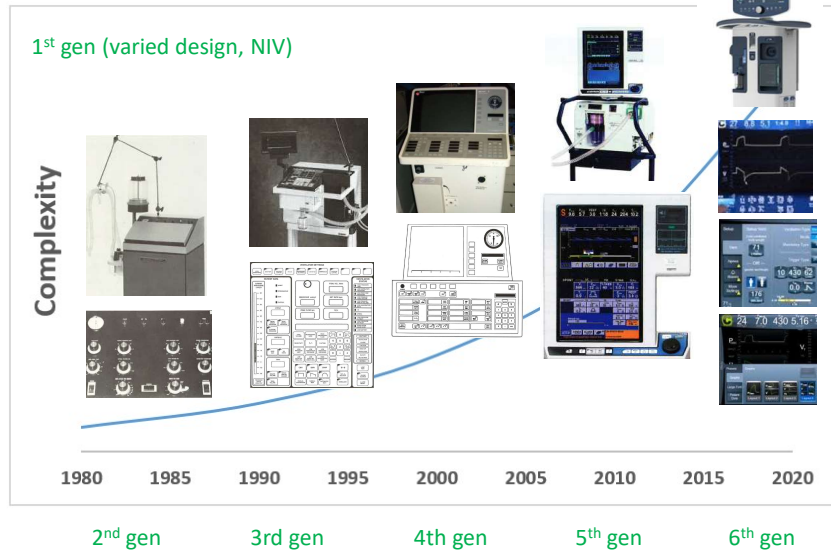
9

Motivation for SEVA

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 - Improved engagement of RCPs in care decisions
- **Better patient outcomes**
 - Shorter duration of ventilation
 - Fewer adverse events

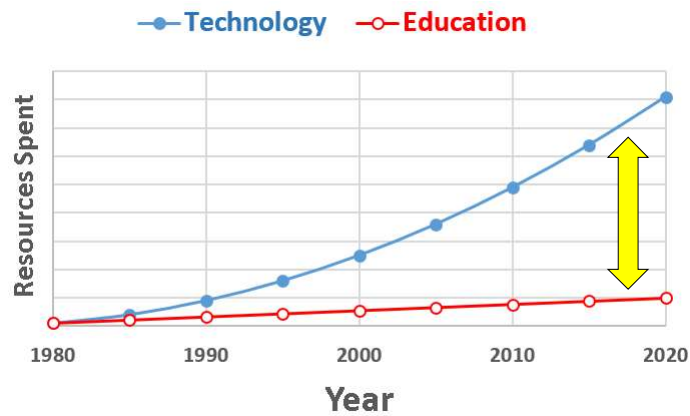
10

Growth in Ventilator Complexity



11

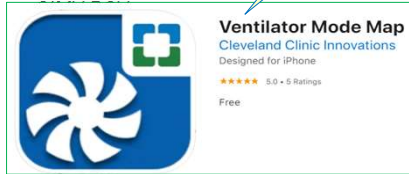
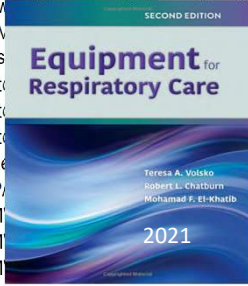
Growing Knowledge Gap



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Common Mode Names

- AC PCV
- Adaptive Flow
- Adaptive Support Ventilation
- Airway Pressure Release Ventilation
- APV
- Assisted
- Autotitrating CPAP
- Autotitrating Bilevel
- BiLevel
- BIPAP
- CMV
- CMV
- CMV
- CPAP
- DuoPAP
- Flow Adaptive Volume Control
- Mandatory Minute Ventilation
- PC-A/C
- PCV+
- Pressure Control
- Pressure Regulated Volume Control
- Pressure Support
- Proportional Assist Ventilation
- SIMV
- VC-A/C
- VC-SIMV
- Volume Assured Pressure Support
- Volume Augment
- Volume Control
- Volume Support
- VV+SIMV



phone app

496 unique modes!

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SEVA Founders



Eduardo Mireles-Cabodevila, MD
Cleveland Clinic
 Director Medical Intensive Care Unit
 Director Simulation and Advanced Skills Center
Lerner College of Medicine of CWRU
 Associate Professor of Medicine



Robert L. Chatburn, MHHS, RRT-NPS, FAARC
Cleveland Clinic
 Enterprise Program Manager Respiratory Care Research
Lerner College of Medicine of CWRU
 Professor of Medicine

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Landmark Papers Establishing SEVA

Determining the Basis for a Taxonomy of Mechanical Ventilation

Robert L Chatburn MHHS RRT-NPS FAARC, Teresa A Volsko MHHS RRT FAARC,
John Hazy PhD, Louis N Harris EdD RRT, and Salvatore Sanders PhD RRT CPFT

RESPIRATORY CARE • APRIL 2012 VOL 57 NO 4

A Taxonomy for Mechanical Ventilation: 10 Fundamental Maxims

Robert L Chatburn MHHS RRT-NPS FAARC, Mohamad El-Khatib PhD MD RRT FAARC,
and Eduardo Mireles-Cabodevila MD

RESPIRATORY CARE • NOVEMBER 2014 VOL 59 NO 11

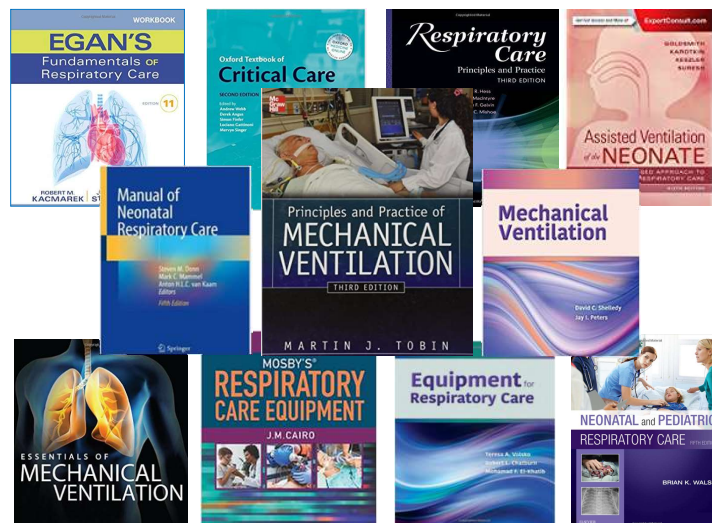
A Rational Framework for Selecting Modes of Ventilation

Eduardo Mireles-Cabodevila MD, Umur Hatipoğlu MD, and
Robert L Chatburn MHHS RRT-NPS FAARC

RESPIRATORY CARE • FEBRUARY 2013 VOL 58 NO 2

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All these books have chapters based on SEVA-theory



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SEVA Curriculum Levels

| SEVA levels | | | |
|-----------------|-------|----------|--------|
| COURSES | INTRO | ADVANCED | MASTER |
| SEVA-basic | ● | ● | ● |
| SEVA-theory | | ● | ● |
| SEVA-lab | | ● | ● |
| SEVA-team | | ● | ● |
| SEVA-sim | | | ● |
| SEVA-master | | | ● |
| SEVA VentRounds | 5 | 10 | 15 |

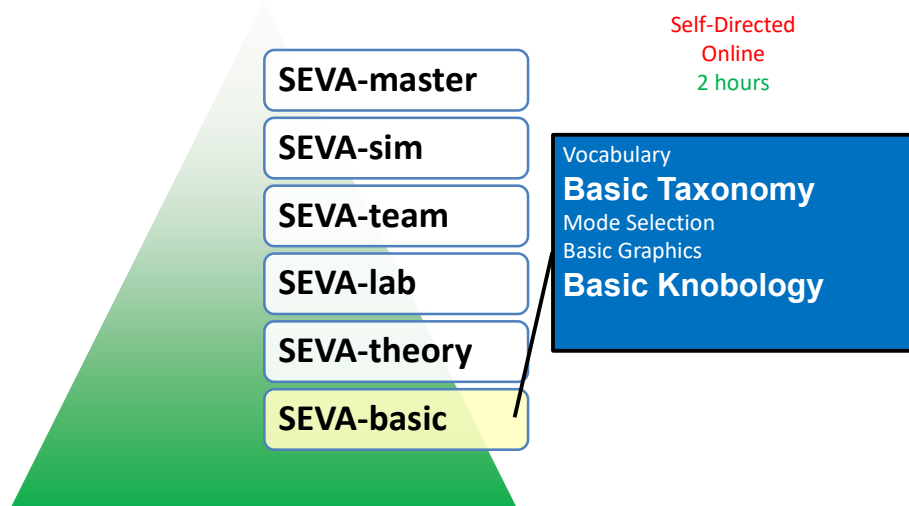
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SEVA Curriculum Topics

| TOPICS | SEVA | | | | | | |
|---|-------|--------|-----|------|-----|--------|------------|
| | Basic | Theory | Lab | Team | Sim | Master | VentRounds |
| Ventilator Taxonomy | X | XX | XX | XX | | | X |
| Waveform anatomy | X | XX | | XX | | | X |
| How to choose modes | X | | | XX | XX | | |
| Patient ventilator interactions | X | | | XXX | XX | | X |
| Knobology and Screenology | | | | | XX | X | X |
| Ventilation of specific clinical conditions | | | | | XX | | |
| Application of Modes of ventilation | | X | | | XX | XX | X |
| Advanced physiological monitoring | | | | | | XXX | |

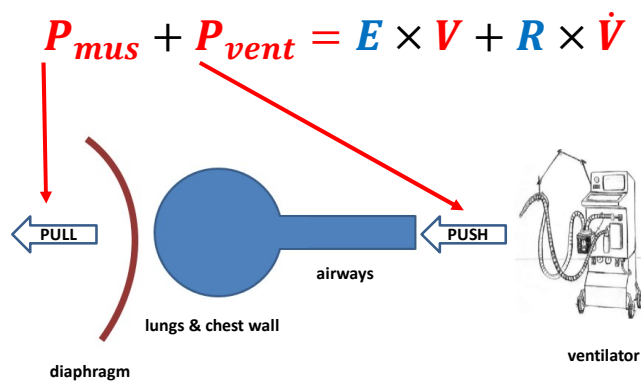
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SEVA Curriculum Descriptions



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SEVA-basic



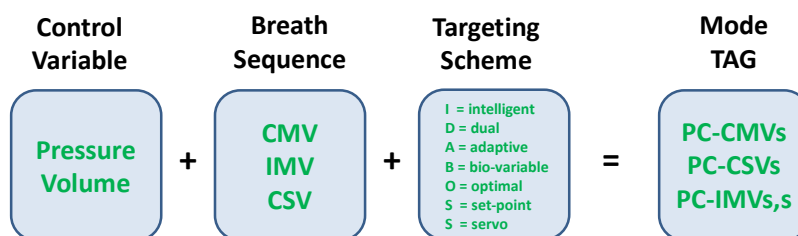
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SEVA-basic

- **Taxonomy**
 - A classification system
 - Identifies generic modes (similar to generic vs brand names for drugs)
- **TAG**
 - Abbreviation for mode: Control Variable, Breath Sequence, Targeting Scheme
- **Breath Control Variable**
 - What is pre-set (either pressure or volume/flow)
- **Breath Sequence**
 - Pattern of mandatory vs spontaneous breaths
- **Targeting scheme**
 - Software that achieves pre-set values (targets)

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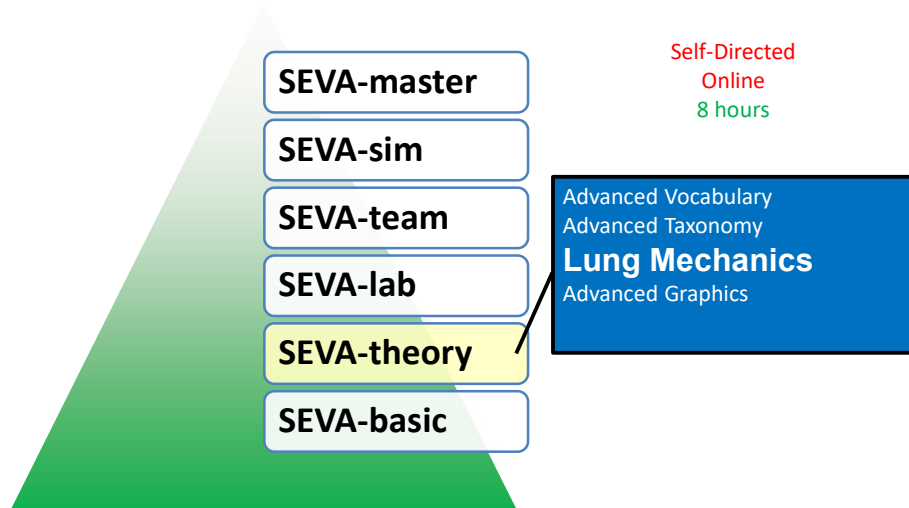
SEVA-basic



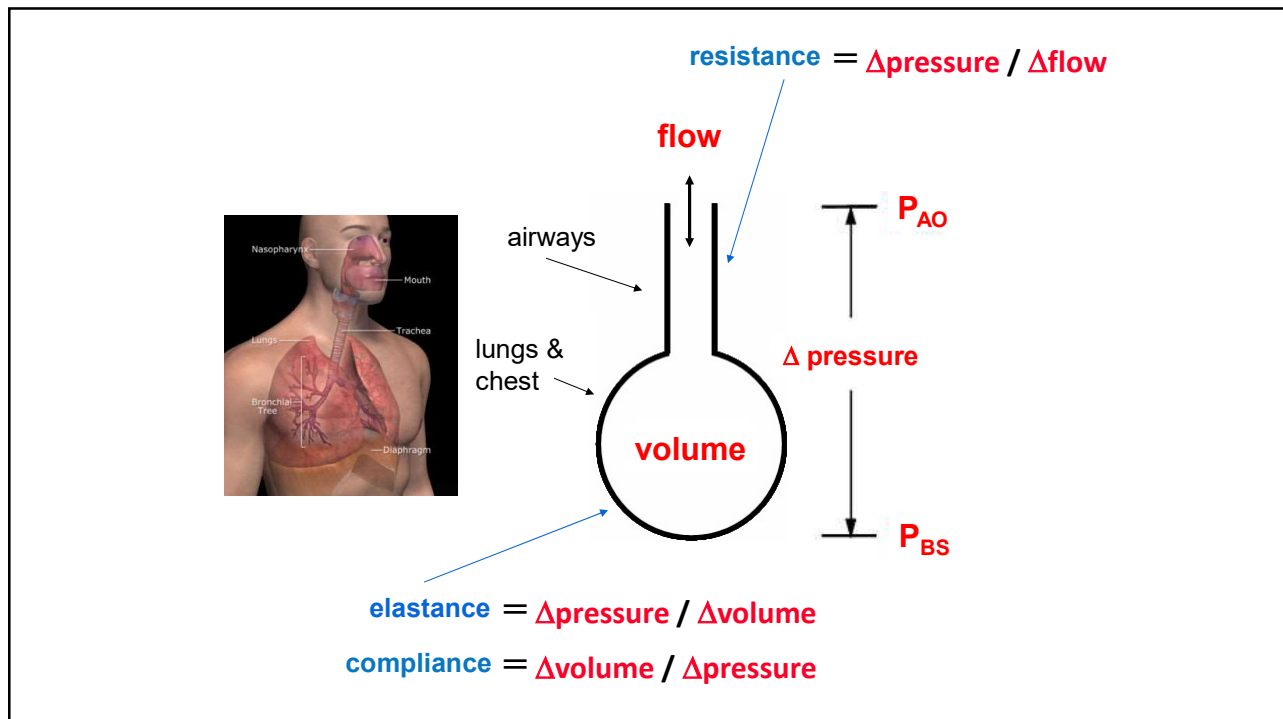
All modes have these 3 components

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SEVA Curriculum Descriptions




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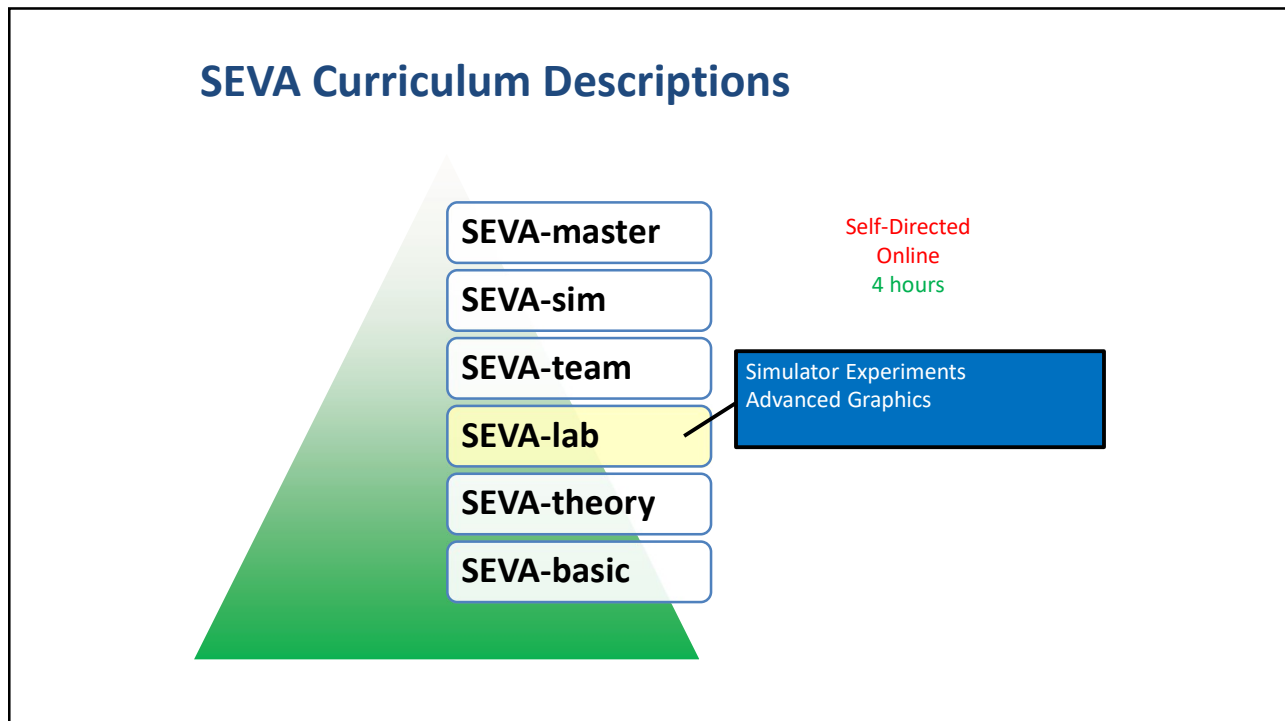
SEVA-theory

Standardized Education for Ventilatory Assistance
(Basic Course in Mechanical Ventilation)



| | | |
|--|--|---|
| <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 1 Introduction to Mechanical Ventilation</p> </div> | <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 5 Maxim 4 – Trigger and Cycle Events</p> </div> | <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 9 Maxim 8 – Ventilatory Patterns</p> </div> |
| <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 2 Maxim 1 – The Breath</p> </div> | <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 6 Maxim 5 – Machine vs Patient Events</p> </div> | <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 10 Maxim 9 – Targeting Schemes</p> </div> |
| <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 3 Maxim 2 – The Assisted Breath</p> </div> | <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 7 Maxim 6 – Spontaneous vs Mandatory Breaths</p> </div> | <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 11 Maxim 10 – Mode Classification</p> </div> |
| <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 4 Maxim 3 – Volume or Pressure Control</p> </div> | <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 8 Maxim 7 – Breath Sequences</p> </div> | <div style="border: 1px solid gray; border-radius: 10px; padding: 5px; background-color: #f0f0f0;"> <p style="margin: 0; font-size: small;">Module 12 How to Read Graphic Displays</p> </div> |

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Course tool: Patient-vent simulator

SIVA

Simulator Interface for Ventilation Analysis
V 3.6

VC-CMV

PC-CMV

PC-CSV

Equations

Resources

Glossary

Models

Exercises

Classify Modes

Compare Vents

Vent Mode Map

References

About

Lung Model

Resistance (cm H₂O/L/s) 25

Compliance (L/cm H₂O) 0.040

Resistance (cm H₂O/L/s) 10

Time Constant (s) 0.40

Tidal Lung Pressure (cm H₂O) 10

Effort Model

Delay Before Effort (s) 0.00

Duration of Effort (s) 0.15

Freq (Hz) 1.7

Effort (s) 0.3

max P_{mus} (cm H₂O) 1.2

Ventilator Settings

Flow Waveform **square wave** **sinusoidal**

Flow (square wave, L/min) 20

Peak Flow (L/s) 0.5

Tidal Volume (mL) 400

Tidal Volume (L) 0.400

Frequency (breaths/min) 10

PEEP (cm H₂O) 10

autoPEEP (cm H₂O) 0.0

Pause Time (s) 0.2

Peak Airway Pressure (cm H₂O) 25

Total Cycle Time (s) 2.0

Inspiratory Time (s) 0.8

Expiratory Time (s) 0.8

RI 1.5

Dirty Cycle (%) 19.2

Plateau Pressure (cm H₂O) 20.0

Driving Pressure (cm H₂O) 10.0

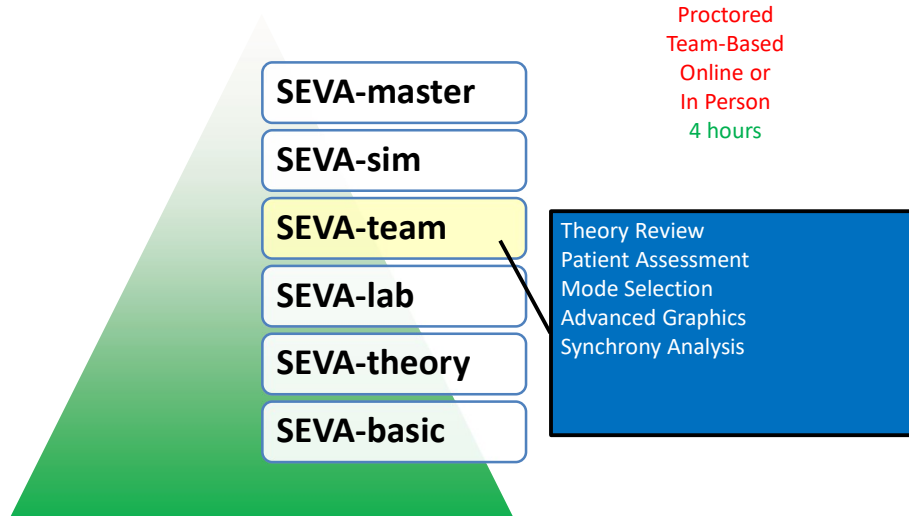
Peak Inspiratory Flow (L/min) 20

Peak Expiratory Flow (L/min) 21

Mean Inspiratory Pressure (cm H₂O) 24.1

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SEVA Curriculum Descriptions

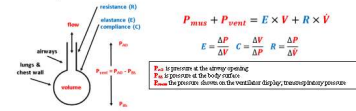


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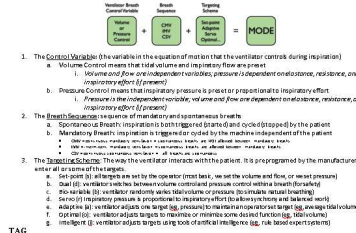
SEVA-team Workbook

• Review of theory

The Equation of Motion



Anatomy of a Mode of Ventilation



- TAG**
- Volume Assist Control**
- Operator sets tidal volume and respiratory flow volume control (VC)
 - Relief allows passive volume (machine) cycled inspirations
 - Continuous mandatory ventilation (CMV)
 - All targets are operator set (set point)
- VC-CMVs** (control variable: breath sequence, primary targeting scheme)
- SPMV Pressure Control**
- Operator sets inspiratory pressure (pressure control) (PC)
 - Some breathe the machine cycled (mandatory) and some are both patient triggered and cycled (spontaneous) (AV)
 - All targets are operator set (set point)
 - Need to specify targeting scheme for mandatory (primary) and spontaneous (secondary)
- PC-IMVs, S...** (control variable: breath sequence, secondary targeting scheme)

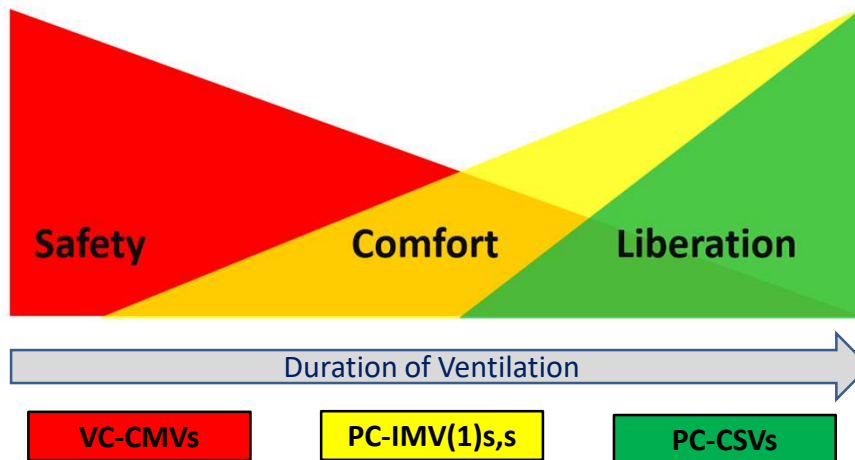
Exercise: Classify Modes

- INSTRUCTIONS**
- Follow the instructions on the screen
 - Fill in the blanks
 - YOU is **YOU ALONE**
 - TEAM is after discussion with the **TEAM**
 - FINAL ANSWER is what we reveal

| | YOU | YOUR TEAM | FINAL ANSWER |
|----|-----|-----------|--------------|
| 1 | | | |
| 2 | | | |
| 3 | | | |
| 4 | | | |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |
| 9 | | | |
| 10 | | | |

Notes

SEVA-team



SEVA-team (in person)



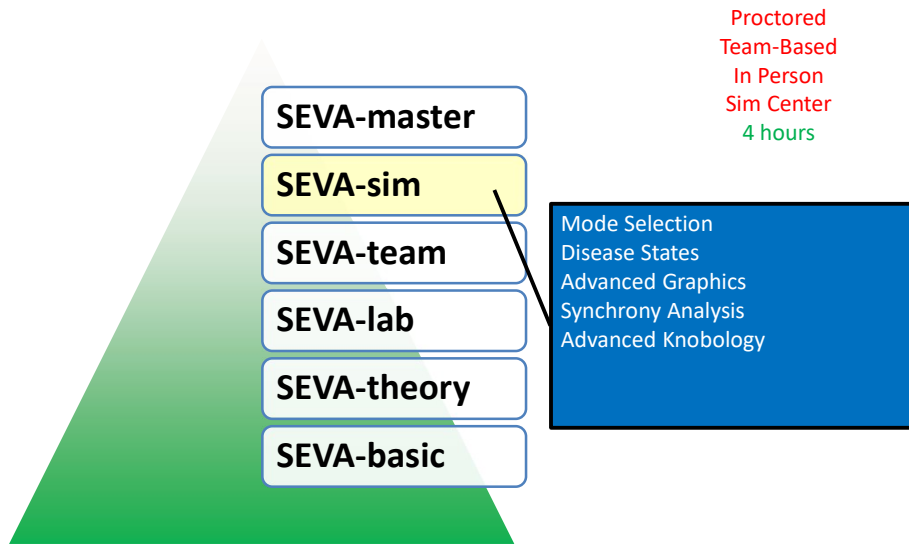
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SEVA-team (online)



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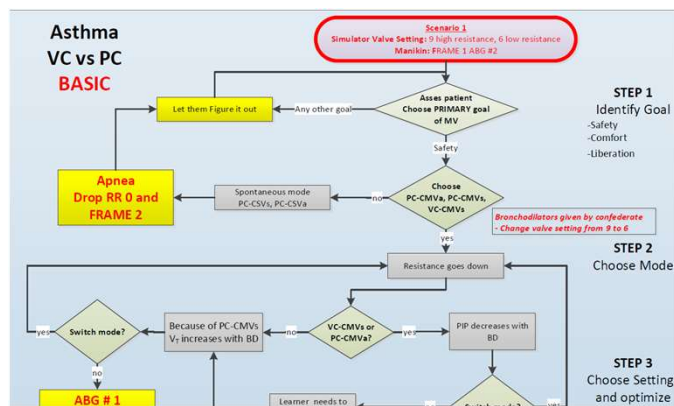
SEVA Curriculum Descriptions



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SEVA-sim

- Awakening from anesthesia
- ARDS
- Asthma/COPD



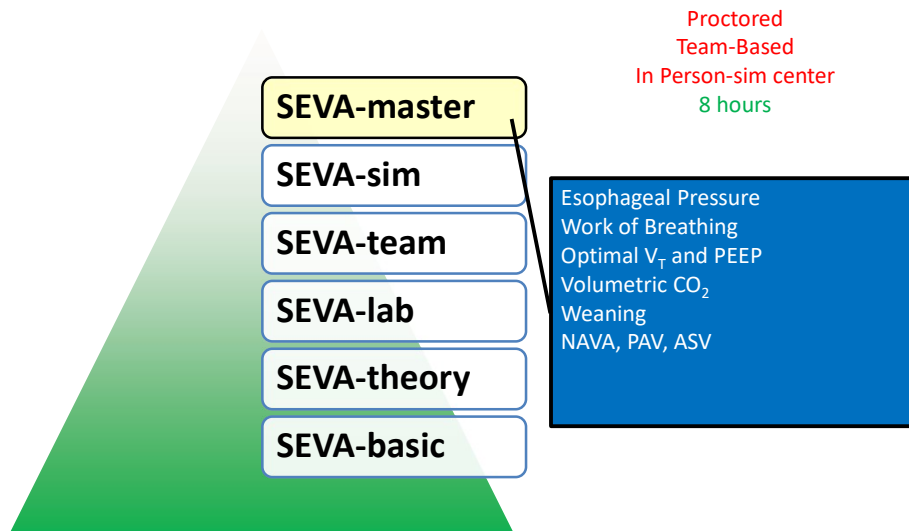
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SEVA-sim Class



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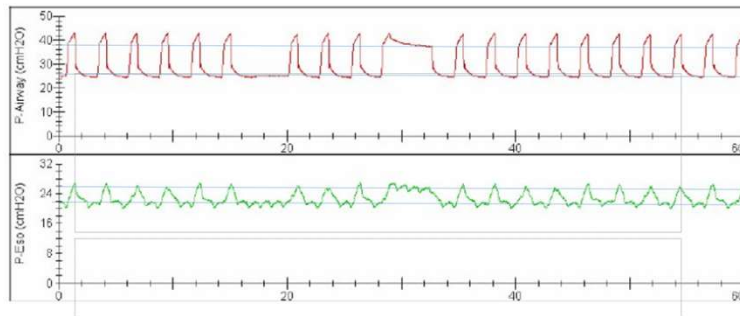
SEVA Curriculum Descriptions



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SEVA-master

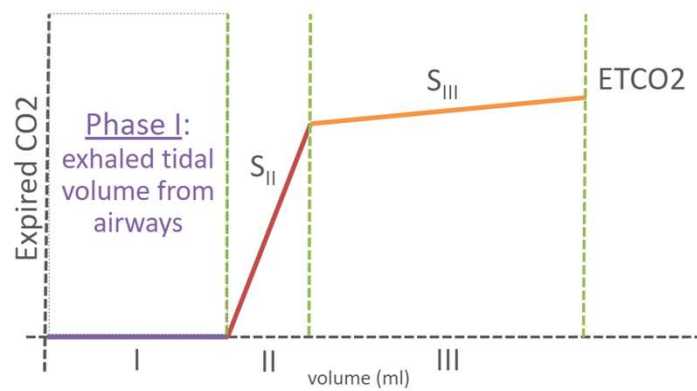
- Esophageal pressure monitoring using
 - Patient BP monitor adapted for Pes
 - Ventilators equipped with Pes capabilities



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SEVA-master

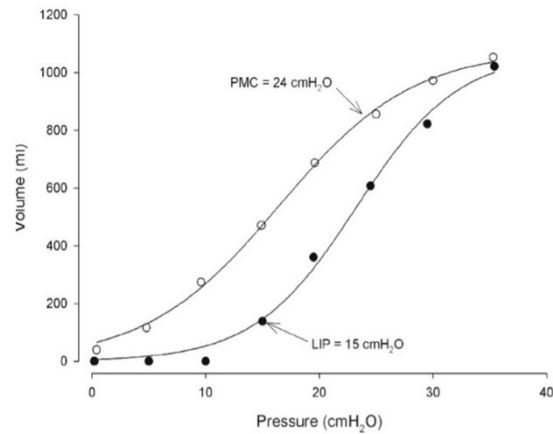
- Stand-alone and ventilator monitors for volumetric capnography



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SEVA-master

- Recruitment maneuver and PV curves



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Educational Aspects

1. SEVA-basic
 - Required for all RTs working ICUs
 - 2 CEUs
2. SEVA-theory
 - Optional for staff, required for Fellows, Clin Specs
 - 8 CEUs
3. SEVA-lab
 - Optional for staff, required for Fellows, Clin Specs
 - 4 CEUs
4. SEVA-team
 - Optional for staff, required for Fellows, Clin Specs
5. 4 CEUs SEVA-sim
 - Optional for staff, required for Fellows, Clin Specs
 - 4 CEUs
6. SEVA-master
 - Optional for staff, required for Fellows, Clin Specs
 - 8 CEUs

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Cleveland Clinic Respiratory Institute

SEVA VentRounds

WEBEX

Viewing Eduardo Mireles's sc...

PS/CPAP Admit patient

30 cmH₂O

150 L/min STPS

100 150 ml STPS

1. What is the TAG? *PC-OSVAs*

2. What is the Load?
Elastic *Flow*
Resistive *Flow*
Pmus *Flow*

3. Any P-V discordance?

A. Trigger
A. Normal
B. Early
C. Late
D. False
E. Failed

B. Inspiration
A. Normal
B. Work shifting *Flow*

C. Cycle
A. Normal
B. Early
C. Late
D. False
E. Failed

D. Expiration
A. Normal
B. Expiratory Work

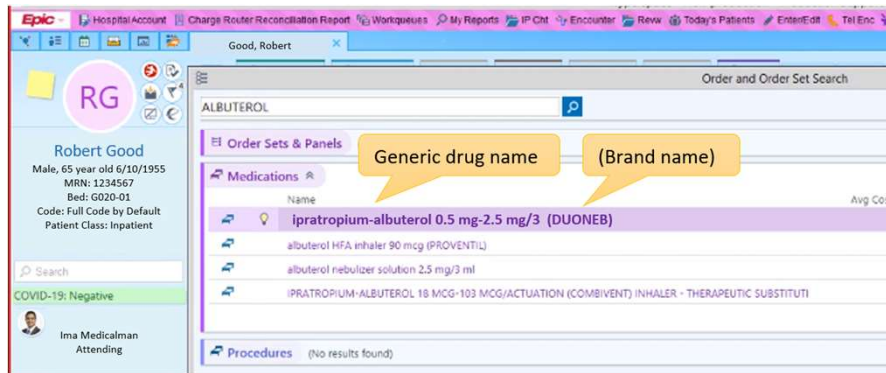
*1. reduce PEEP
2. increase support
3. more tidal vol*

Every other Tuesday 2:00 – 2:30 pm EST

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Epic Order Entry Screen for Drugs

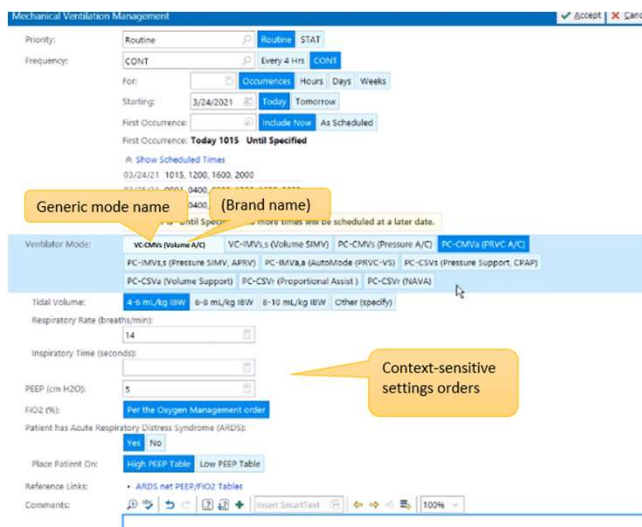
- Drug lookup by generic name (brand name)



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Epic Order Entry for Ventilator Mode

- Vent modes ordered by generic mode name (brand name)



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Epic Order Entry for Ventilator Mode

Standardizing electronic health record ventilation data in the pediatric long-term mechanical ventilator-dependent population

Lara J. Kanbar PhD^{1,2} | Judith W. Dexheimer PhD³ | Janet Zahner BS⁴ |
 Evanette K. Burrows MPH⁵ | Robert Chatburn MHS, RRT-NPS, FAARC⁶ |
 Amanda Messinger MD⁷ | Christopher D. Baker MD⁷ |
 Christine L. Schuler MD, MPH^{1,8,9} | Dan Benschoter DO^{1,3} | Raouf Amin MD^{1,9} |
 Nathan Pajor MD^{1,2,9}



Abstract

Background: Sharing data across institutions is critical to improving care for children who are using long-term mechanical ventilation (LTMV). Mechanical ventilation data are complex and poorly standardized. This lack of data standardization is a major barrier to data sharing.

Objective: We aimed to describe current ventilator data in the electronic health record (EHR) and propose a framework for standardizing these data using a common data model (CDM) across multiple populations and sites.

Methods: We focused on a cohort of patients with LTMV dependence who were weaned from mechanical ventilation (MV). We extracted and described relevant EHR ventilation data. We identified the minimum necessary components, termed "Clinical Ideas," to describe MV from time of initiation to liberation. We then utilized existing resources and partnered with informatics collaborators to develop a framework for incorporating Clinical Ideas into the PEDSnet CDM based on the Observational Medical Outcomes Partnership (OMOP).

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Phone App

Ventilator Mode Map for Android and iPhone



Ventilator Mode Map
 Cleveland Clinic • Medical

Description

This app is designed to implement the taxonomy (classification system) for modes of mechanical ventilation described by Chatburn et al in *Respir Care* 2014;59(11):1747-1763. It has photographs, model names, and manufacturer

names for over 35 ventilators. Nearly 300 modes of ventilation are named and classified exactly as described in recent textbooks:

Respiratory Care Equipment Volsko et al; Jones and Bartlett Learning, 2016.

Respiratory Care Principles and Practice, 3rd edition, Hess et al; Jones and Bartlett Learning, 2016

Egan's Fundamentals of Respiratory care 11th edition, Kacmarek et al; Elsevier (in press)

With this app you can do:

1. Identify ventilator name and manufacturer
2. List all mode names on every ventilator
3. Show the classification of any mode
4. Determine which modes are the same
5. List all mode names associated with a

This app is the perfect tool for physician and nurse care workers who need to identify and use



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Curriculum

SEVA-CrashCourse

Standardized
Education for
Ventilatory
Assistance

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Outline

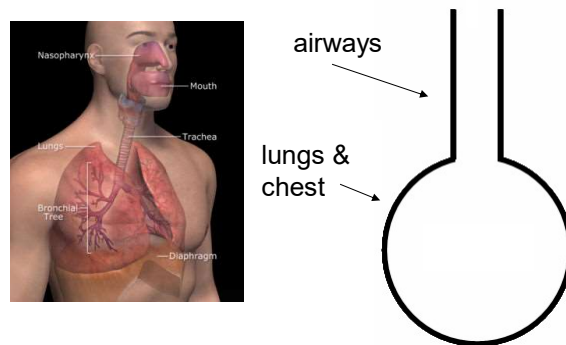
- **The equation of motion (simplified)**
- **Taxonomy (simplified)**
 - what a TAG is and why we need it
- **Choosing a mode of ventilation based clinical goals**
- **Basic ventilator waveform interpretation**
- **Outline of patient ventilator interactions**

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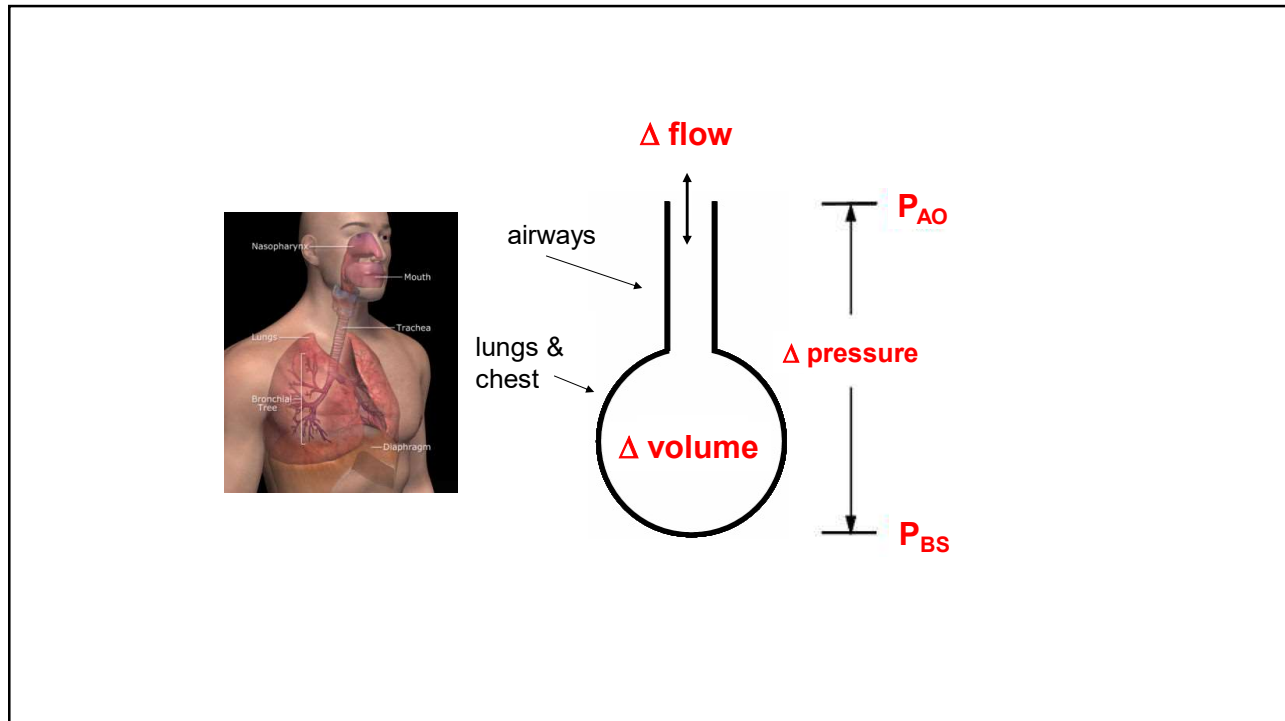
The Equation of Motion

Basic Model of Patient-Ventilator Interaction

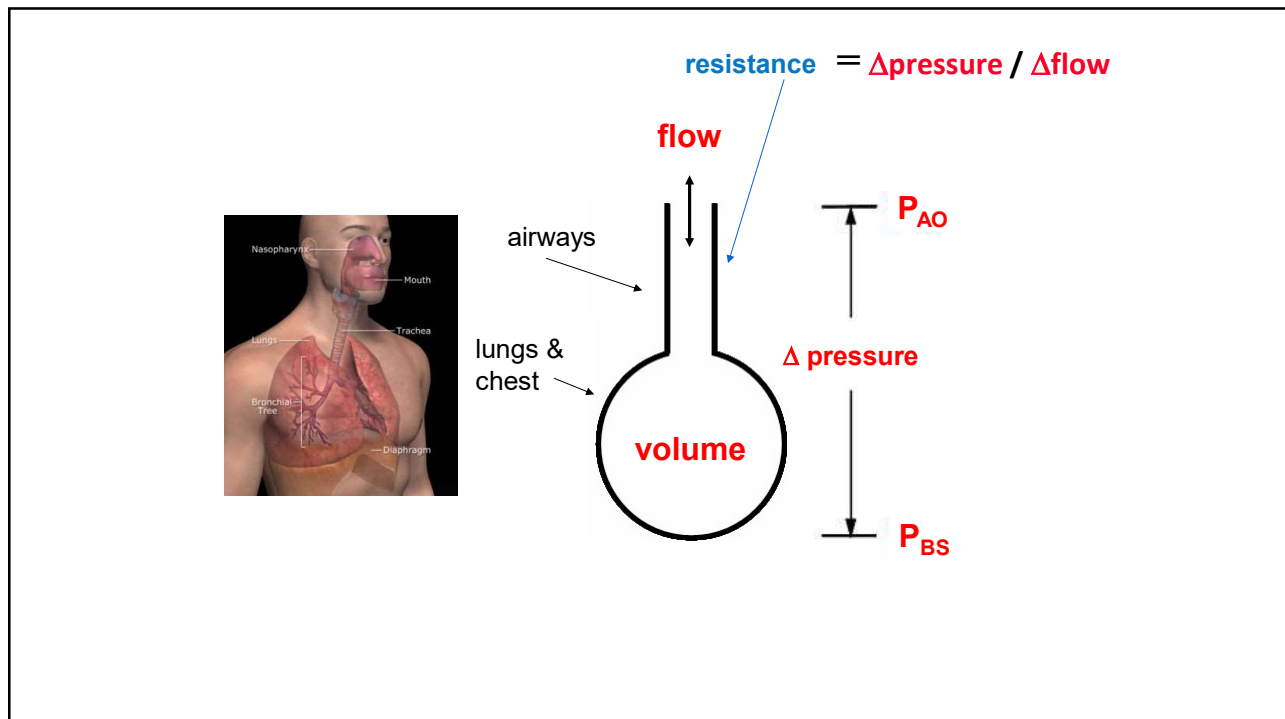
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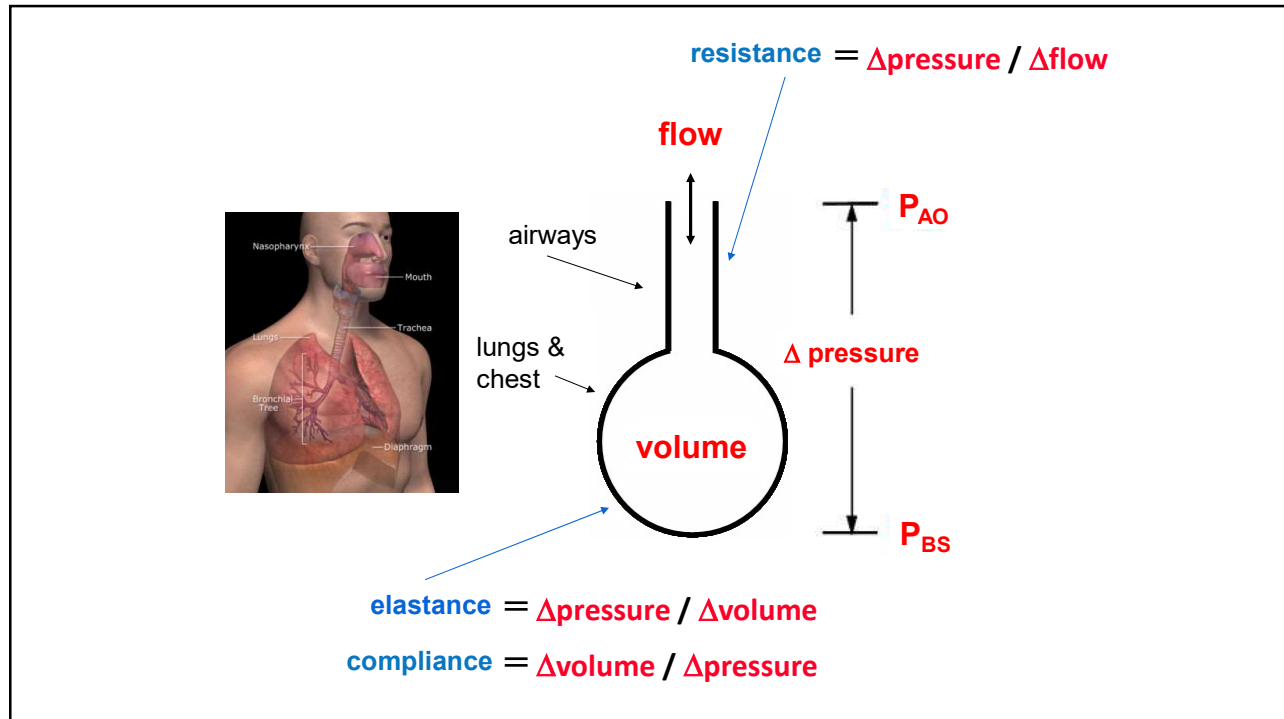
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The Equation of Motion

$$P_{\text{action}} = P_{\text{reaction}}$$

$$P = P_{\text{elastance}} + P_{\text{resistance}}$$

elastic load resistive load

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The Equation of Motion

$$P = P_{\text{elastance}} + P_{\text{resistance}}$$

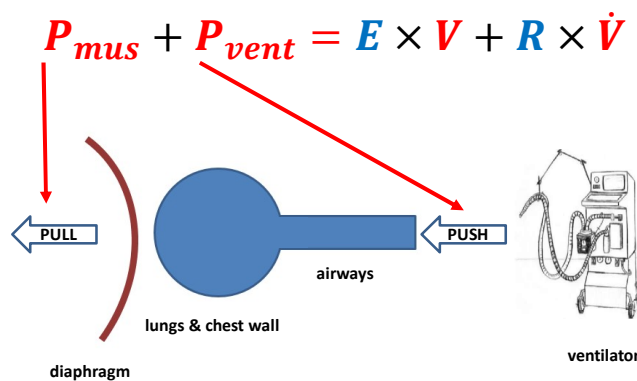
elastic load resistive load

$$= E \times V + R \times \dot{V}$$

elastance resistance
(constant) (constant)

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Equation of Motion



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Taxonomy of Modes

Using the Same Vocabulary



<https://pubmed.ncbi.nlm.nih.gov/25118309/>

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Why Use a Mode Taxonomy?

- Over 500 unique names of modes on US ventilators alone

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Why Use a Mode Taxonomy?

- **Over 500 unique names of modes on US ventilators alone**
- **Same need as for generic drug names in pharmacology**
 - Improve communication
 - Improve patient safety
 - Improve patient care through better use of technology

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Why Use a Mode Taxonomy?

- **Over 500 unique names of modes on US ventilators alone**
- **Same need as for generic drug names in pharmacology**
 - Improve communication
 - Improve patient safety
 - Improve patient care through better use of technology
- **Taxonomy is essential for ordering modes just like for drugs**
 - Epic now uses mode taxonomy at Cleveland Clinic
 - Other electronic medical record products will follow

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Key Words

- **Taxonomy**
 - A classification system
 - Identifies generic modes (similar to generic vs brand names for drugs)

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Key Words

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 - Abbreviation for mode: Control Variable, Breath Sequence, Targeting Scheme

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Key Words

- **Taxonomy**
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 - Abbreviation for mode: Control Variable, Breath Sequence, Targeting Scheme
- **Breath Control Variable**
 - What is pre-set (either pressure or volume/flow)

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Key Words

- **Taxonomy**
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- **TAG**
 - Abbreviation for mode: Control Variable, Breath Sequence, Targeting Scheme
- **Breath Control Variable**
 - What is pre-set (either pressure or volume/flow)
- **Breath Sequence**
 - Pattern of mandatory vs spontaneous breaths

64

Key Words

- **Taxonomy**
 - A classification system
 - Identifies generic modes (similar to generic vs brand names for drugs)
- **TAG**
 - Abbreviation for mode: Control Variable, Breath Sequence, Targeting Scheme
- **Breath Control Variable**
 - What is pre-set (either pressure or volume/flow)
- **Breath Sequence**
 - Pattern of mandatory vs spontaneous breaths
- **Targeting scheme**
 - Software that achieves pre-set values (targets)

65

Key Words

- **Target**
 - A parameter set by you or automatically by the ventilator (eg, inspiratory pressure, tidal volume, flow, minute ventilation, SpO₂, ETCO₂, etc) that is a goal of the ventilator's targeting scheme

66

Key Words

- **Target**
 - A parameter set by you or automatically by the ventilator (eg, inspiratory pressure, tidal volume, flow, minute ventilation, SpO₂, ETCO₂, etc) that is a goal of the ventilator's targeting scheme
- **Trigger**
 - To start inspiration
 - Initiated by patient or machine

67

Key Words

- **Target**
 - A parameter set by you or automatically by the ventilator (eg, inspiratory pressure, tidal volume, flow, minute ventilation, SpO₂ ETCO₂ etc) that is a goal of the ventilator's targeting scheme
- **Trigger**
 - To start inspiration
 - Initiated by patient or machine
- **Cycle**
 - Top end inspiration
 - Initiated by patient or machine

68

Key Words

- **Spontaneous Breath**
 - Inspiration is both patient triggered (started) **and** patient cycled (ended)

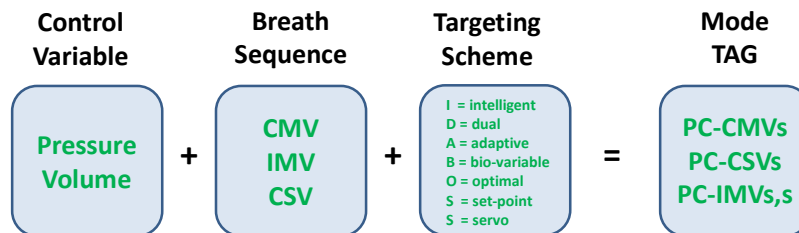
69

Key Words

- **Spontaneous Breath**
 - Inspiration is both patient triggered (started) **and** patient cycled (ended)
- **Mandatory Breath**
 - A breath for which inspiration is either machine triggered, **or** machine cycled (or both)

70

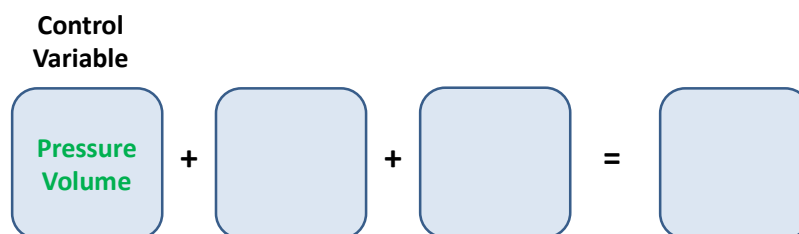
The Components of a Mode of Ventilation



All modes have these 3 components

71

The Components of a Mode of Ventilation



72

Pressure Control Modes

$$P_{vent} = E \times V + R \times \dot{V}$$

pressure control

- **Preset values**
 - Inspiratory pressure target
 - Constant inspiratory pressure, or
 - Inspiratory pressure is proportional to inspiratory effort
 - Inspiratory time

73

Volume Control Modes

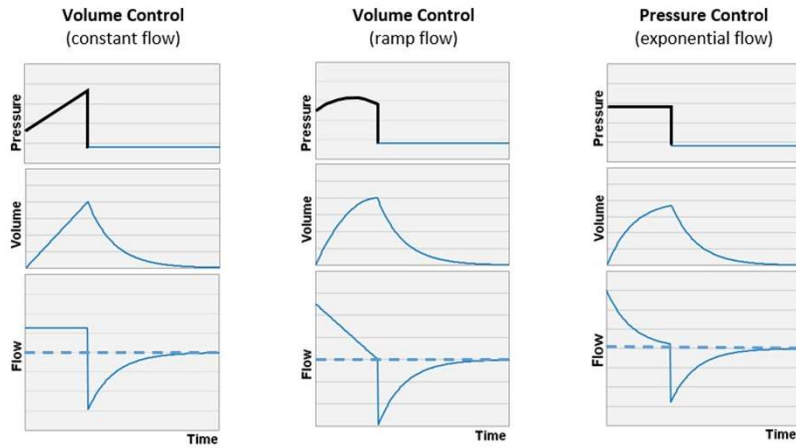
$$P_{vent} = E \times V + R \times \dot{V}$$

volume control

- **Preset values**
 - Inspiratory volume (tidal volume)
 - Inspiratory flow (peak and waveform)

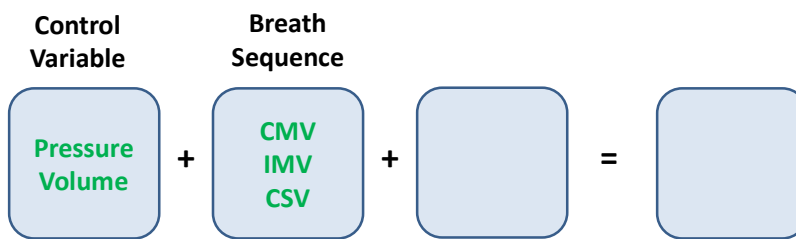
74

Ideal Waveforms



75

What is a Mode of Ventilation?



76

Key Idea – 4 Kinds of IMV

IMV(1): mandatory rate delivered independent of patient action

77

Key Idea – 4 Kinds of IMV

IMV(1): mandatory rate delivered independent of patient action

IMV(2): mandatory breaths suppressed if spontaneous breath rate higher than set mandatory breath rate



78

Key Idea – 4 Kinds of IMV

IMV(1): mandatory rate delivered independent of patient action

IMV(2): mandatory breaths suppressed if spontaneous breath rate higher than set mandatory breath rate

IMV(3): mandatory breaths suppressed if spontaneous minute ventilation higher than set mandatory minute ventilation

79

Key Idea – 4 Kinds of IMV

IMV(1): mandatory rate delivered independent of patient action

IMV(2): mandatory breaths suppressed if spontaneous breath rate higher than set mandatory breath rate

IMV(3): mandatory breaths suppressed if spontaneous minute ventilation higher than set mandatory minute ventilation

IMV(4): individual mandatory breaths suppressed if inspiratory effort high enough

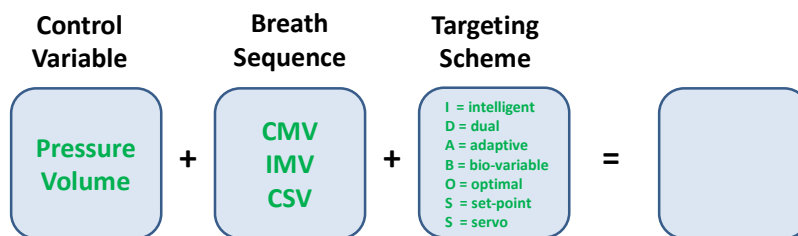
80

Five Basic Ventilatory Patterns

| Control Variable | Breath Sequence | Symbol |
|------------------|------------------------------------|--------|
| Volume | Continuous Mandatory Ventilation | VC-CMV |
| | Intermittent Mandatory Ventilation | VC-IMV |
| Pressure | Continuous Mandatory Ventilation | PC-CMV |
| | Intermittent Mandatory Ventilation | PC-IMV |
| | Continuous Spontaneous Ventilation | PC-CSV |

81

What is a Mode of Ventilation?



82

Targeting Schemes (**abbreviations**)

1. Set-point (s)

- All targets are operator pre-set
Example: Volume Assist/Control

83

Targeting Schemes (**abbreviations**)

1. Set-point (s)

- All targets are operator pre-set
Example: Volume Assist/Control

2. Dual (d)

- Ventilator switches between VC and PC
Example: "flow adaptation" (Servo-U)

84

Targeting Schemes (**abbreviations**)

1. Set-point (s)

- All targets are operator pre-set
Example: Volume Assist/Control

2. Dual (d)

- Ventilator switches between VC and PC
Example: "flow adaptation" (Servo-U)

3. Bio-variable (b)

- Ventilator randomly changes inspiratory pressure
Example: variable pressure support (Dräger V500)

85

Targeting Schemes (**abbreviations**)

1. Set-point (s)

- All targets are operator pre-set
Example: Volume Assist/Control

2. Dual (d)

- Ventilator switches between VC and PC
Example: "flow adaptation" (Servo-U)

3. Bio-variable (b)

- Ventilator randomly changes inspiratory pressure
Example: variable pressure support (Dräger V500)

4. Servo (r)

- Inspiratory pressure proportional to effort
Example: NAVA (Servo-U) or PAV+ (PB980)

86

Targeting Schemes (**abbreviations**)

5. Adaptive (a)

- Ventilator adjusts target with changing patient condition
Example: Pressure Regulated Volume Control (Servo-U)

87

Targeting Schemes (**abbreviations**)

5. Adaptive (a)

- Ventilator adjusts target with changing patient condition
Example: Pressure Regulated Volume Control (Servo-U)

6. Optimal (o)

- Ventilator adjusts target to maximize or minimize some desired parameter
Example: Adaptive Support Ventilation (Hamilton C6)

88

Targeting Schemes (abbreviations)

5. Adaptive (a)

- Ventilator adjusts target with changing patient condition
Example: Pressure Regulated Volume Control (Servo-U)

6. Optimal (o)

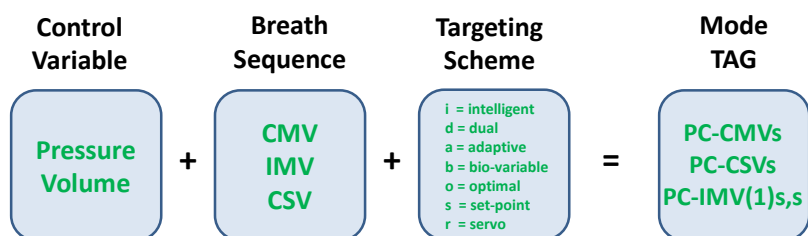
- Ventilator adjusts target to maximize or minimize some desired parameter
Example: Adaptive Support Ventilation (Hamilton C6)

7. Intelligent (i)

- Ventilator adjusts target using artificial intelligence tools
Example: SmartCare (Dräger V500) or IntelliVent (Hamilton C6)

89

The Components of a Mode of Ventilation



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Choosing the Right Mode

Goals of Mechanical Ventilation



<https://pubmed.ncbi.nlm.nih.gov/22710796/>

91

What is your Goal?

- **There are only 3 basic goals of mechanical ventilation:**
 - **Safety**
 - ensure adequate gas exchange
 - minimize risk lung injury

92

What is your Goal?

- **There are only 3 basic goals of mechanical ventilation:**

- **Safety**

- ensure adequate gas exchange
 - minimize risk lung injury

- **Comfort**

- maximize patient-ventilator synchrony
 - minimize work shifting (balance work of breathing)

93

What is your Goal?

- **There are only 3 basic goals of mechanical ventilation:**

- **Safety**

- ensure adequate gas exchange
 - minimize risk lung injury

- **Comfort**

- maximize patient-ventilator synchrony
 - minimize work shifting (balance work of breathing)

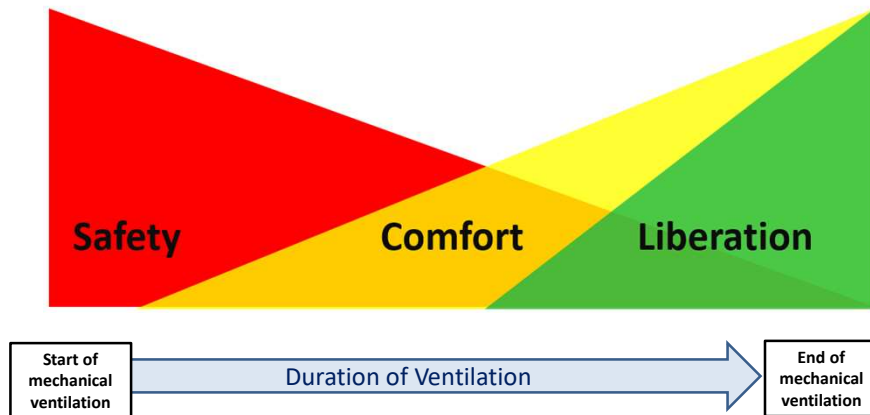
- **Liberation**

- minimize duration of ventilation
 - minimize risk of adverse events

94

Safety, Comfort or Liberation

There can be only one...



95

Safety Goal

Clinical Objective

- Provide adequate gas exchange
- Protect the lung

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Safety Goal

Clinical Objective

- Provide adequate gas exchange
- Protect the lung

Mode Capabilities

- Manual adjustment rate and V_T targets
- Automatic adjustment of pressure to achieve average $V_T = \text{target}$

97

Safety Goal

Clinical Objective

- Provide adequate gas exchange
- Protect the lung

Mode Capabilities

- Manual adjustment rate and V_T targets
- Automatic adjustment of pressure to achieve average $V_T = \text{target}$

Mode Examples

- VC-CMV
 - Volume A/C
- PC-CMVa
 - PRVC

98

Comfort Goal

Clinical Objective

- Optimize synchrony

99

Comfort Goal

Clinical Objective

- Optimize synchrony

Mode Capabilities

- Spontaneous breaths allowed
- Unrestricted flow
- Coordination of mandatory and spontaneous breaths

100

Comfort Goal

Clinical Objective

- Optimize synchrony

Mode Capabilities

- Spontaneous breaths allowed
- Unrestricted flow
- Coordination of mandatory and spontaneous breaths

Mode Examples

- PS-CSVs
 - Pressure Support
- PC-IMV(2)a,a
 - Automode (PRVC-VS)

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Comfort Goal

Clinical Objective

- Optimize synchrony

Mode Capabilities

- Spontaneous breaths allowed
- Unrestricted flow
- Coordination of mandatory and spontaneous breaths

Mode Examples

- PS-CSVs
 - Pressure Support
- PC-IMV(2)a,a
 - Automode (PRVC-VS)

- Adequate support of work of breathing

102

Comfort Goal

Clinical Objective

- Optimize synchrony
- Adequate support of work of breathing

Mode Capabilities

- Spontaneous breaths allowed
- Unrestricted flow
- Coordination of mandatory and spontaneous breaths
- Automatic adjustment of support proportional to effort

Mode Examples

- PS-CSVs
 - Pressure Support
- PC-IMV(2)a,a
 - Automode (PRVC-VS)

103

Comfort Goal

Clinical Objective

- Optimize synchrony
- Adequate support of work of breathing

Mode Capabilities

- Spontaneous breaths allowed
- Unrestricted flow
- Coordination of mandatory and spontaneous breaths
- Automatic adjustment of support proportional to effort

Mode Examples

- PS-CSVs
 - Pressure Support
- PC-IMV(2)a,a
 - Automode (PRVC-VS)
- PC-CSVr
 - PAV or NAVA

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Liberation Goal

Clinical Objective

- Minimize duration of ventilation
- Minimize adverse events

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Liberation Goal

Clinical Objective

- Minimize duration of ventilation
- Minimize adverse events

Mode Capabilities

- Automatic reduction of support
- Automatic initiation of SBT
- Automatic messaging on readiness to breath unassisted

106

Liberation Goal

Clinical Objective

- Minimize duration of ventilation
- Minimize adverse events

Mode Capabilities

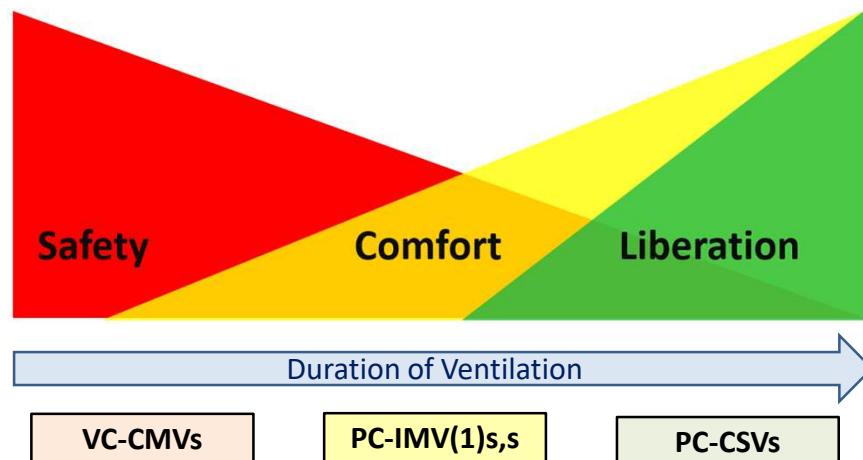
- Automatic reduction of support
- Automatic initiation of SBT
- Automatic messaging on readiness to breath unassisted

Mode Examples

- **PC-CSVa**
 - Volume Support ?
- **PC-CSVi**
 - Smart Care
- **PC-IMVoi,oi**
 - INTELLIVENT ASV

107

Choose the mode to serve the goal



108

Pick Mode Based on Goal and Objectives

| CLINICAL OBJECTIVE | Mandatory Breaths Only | | | Spontaneous Breaths Only | | |
|--------------------|--------------------------|---------------------------|----------------------------------|--------------------------|----------------------------------|--------------------------|
| | PC-CMV _s | VC-CMV _s | PC-CMV _a ¹ | PC-CSV _s | PC-CSV _a ¹ | PC-CSV _r |
| Minute Ventilation | unlimited V _T | set rate & V _T | set rate & V _T | uncontrolled MV | uncertain rate | uncertain rate |
| Prevent VILI | passive only | active & passive | active? & passive | unlimited V _T | active? & passive | unlimited V _T |
| Synchrony | flow synchrony | flow dyssynchrony | flow synchrony | flow & cycle sync | flow & cycle sync | flow & cycle sync |
| WOB | WOB sync? | work shifting | work shifting | WOB sync? | work shifting | WOB synchrony |
| Liberation | no features | no features | auto-wean? | no features | auto-wean? | no features |

¹ contraindicated if increased respiratory drive (eg, metabolic acidosis) Green = OK, Yellow = caution, Red = not recommended

109

Pick Mode Based on Goal and Objectives

| CLINICAL OBJECTIVE | Mandatory Breaths Only | | | Spontaneous Breaths Only | | |
|--------------------|--------------------------|---------------------------|----------------------------------|--------------------------|----------------------------------|--------------------------|
| | PC-CMV _s | VC-CMV _s | PC-CMV _a ¹ | PC-CSV _s | PC-CSV _a ¹ | PC-CSV _r |
| Minute Ventilation | unlimited V _T | set rate & V _T | set rate & V _T | uncontrolled MV | uncertain rate | uncertain rate |
| Prevent VILI | passive only | active & passive | active? & passive | unlimited V _T | active? & passive | unlimited V _T |
| Synchrony | flow synchrony | flow dyssynchrony | flow synchrony | flow & cycle sync | flow & cycle sync | flow & cycle sync |
| WOB | WOB sync? | work shifting | work shifting | WOB sync? | work shifting | WOB synchrony |
| Liberation | no features | no features | auto-wean? | no features | auto-wean? | no features |

¹ contraindicated if increased respiratory drive (eg, metabolic acidosis) Green = OK, Yellow = caution, Red = not recommended

| CLINICAL OBJECTIVE | Mandatory and Spontaneous Breaths | | | | | |
|--------------------|-----------------------------------|-------------------|-----------------------|-------------------|---------------------------|--------------------|
| | VC-IMV _{s,s} | | PC-CMV _{s,s} | | PC-IMV _{a,a} | |
| | Mandatory | Spontaneous | Mandatory | Spontaneous | Mandatory | Spontaneous |
| Minute Ventilation | set rate & V _T | MV uncertain | Uncontrolled MV | MV uncertain | set rate & V _T | Uncertain rate |
| Prevent VILI | Active breaths | No protection | Passive only* | no protection | Active? & passive | Active? & passive |
| Synchrony | flow & cycle dyssynch | flow/cycle synch | flow synch | flow/cycle synch | flow synch | flow/cycle synch |
| WOB | Work shifting | WOB-vent constant | WOB synch | WOB-vent constant | Work shifting | Work shifting |
| Liberation | no features | no features | no features | no features | possible auto-wean | possible auto-wean |

110

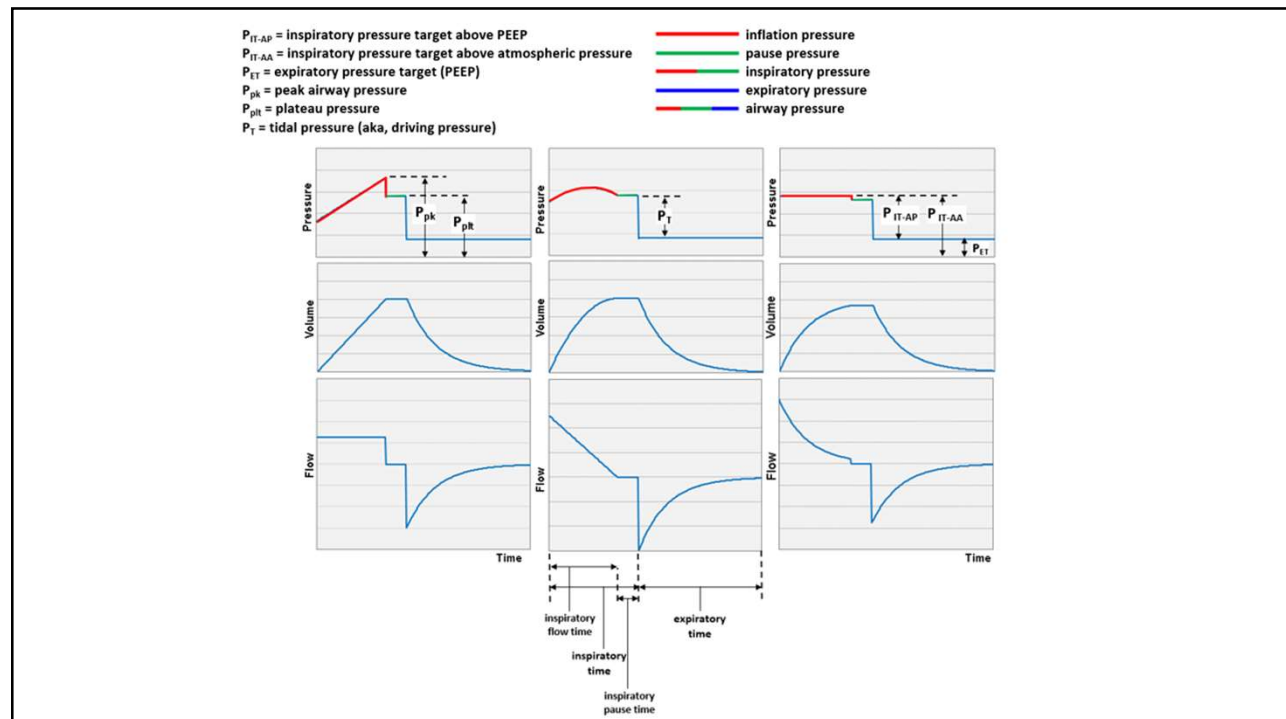
Waveform Analysis

Know the Lingo



<https://pubmed.ncbi.nlm.nih.gov/34470804/>

111



112

Key Terms

- **total-PEEP**
 - Static **end-expiratory** pressure **above atmospheric pressure**
 - during **expiratory hold** maneuver

113

Key Terms

- **total-PEEP**
 - Static **end-expiratory** pressure **above atmospheric pressure**
 - during **expiratory hold** maneuver
- **auto-PEEP or intrinsic PEEP**
 - Static **end-expiratory** pressure **above set PEEP**
 - during expiratory hold maneuver

114

Key Terms

- **total-PEEP**
 - Static **end-expiratory** pressure **above atmospheric pressure**
 - during **expiratory hold** maneuver
- **auto-PEEP or intrinsic PEEP**
 - Static **end-expiratory** pressure **above set PEEP**
 - during expiratory hold maneuver
- **Plateau Pressure**
 - Static **end-inspiratory** pressure **above atmospheric pressure**
 - during **inspiratory hold** maneuver

115

Key Terms

- **total-PEEP**
 - Static **end-expiratory** pressure **above atmospheric pressure**
 - during **expiratory hold** maneuver
- **auto-PEEP or intrinsic PEEP**
 - Static **end-expiratory** pressure **above set PEEP**
 - during expiratory hold maneuver
- **Plateau Pressure**
 - Static **end-inspiratory** pressure **above atmospheric pressure**
 - during **inspiratory hold** maneuver
- **Tidal Pressure or Driving Pressure ($E \times V_T$)**
 - Static **end-inspiratory** pressure **above total PEEP**
 - during **inspiratory hold** maneuver

116

Key Terms

- **Work Shifting**
 - Any $P_{\text{mus}} > 0$ results in some work shifting
 - work by vent is shifted to patient

117

Key Terms

- **Work Shifting**
 - Any $P_{\text{mus}} > 0$ results in some work shifting
 - work by vent is shifted to patient
 - If $P_{\text{vent}} > 0$ then work shifting may be acceptable
 - $P_{\text{aw}} > \text{PEEP}$

118

Key Terms

- **Work Shifting**
 - Any $P_{mus} > 0$ results in some work shifting
 - work by vent is shifted to patient
 - If $P_{vent} > 0$ then work shifting may be acceptable
 - $P_{aw} > PEEP$
 - If $P_{vent} < 0$ (VC modes) work shifting is inappropriate
 - $P_{aw} < PEEP$
 - This is also called flow starvation
 - No mode or setting can fix this
 - May need to sedate and paralyze

119

Key Terms

- **Patient-Ventilator Synchrony**
 - P_{vent} and P_{mus} start and end at the same time
 - P_{mus} is the reference signal
 - P_{mus} surrogates
 - esophageal pressure, P_{es}
 - diaphragmatic electromyogram, Edi

120

Key Terms

- **Synchrony**
 - P_{vent} and P_{mus} start and end at the **same** time
 - P_{mus} is the reference signal
- **Asynchrony**
 - Absence of one signal (P_{vent} or P_{mus})
 - Examples:
 - Failed trigger: P_{mus} without P_{vent}
 - False trigger: P_{vent} without P_{mus}

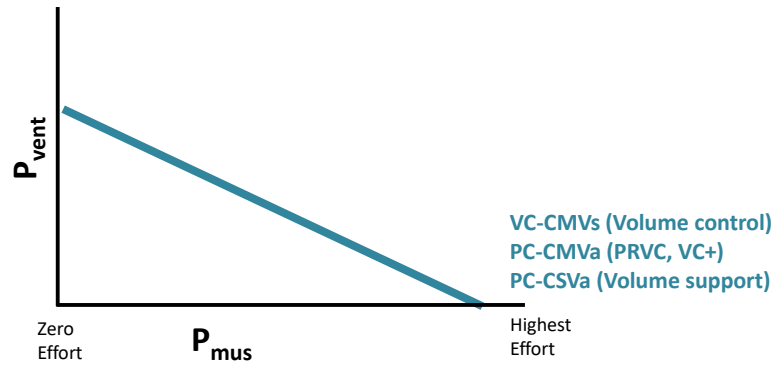
121

Key Terms

- **Synchrony**
 - P_{vent} and P_{mus} start and end at the **same** time
 - P_{mus} is the reference signal
- **Asynchrony**
 - Absence of one signal (P_{vent} or P_{mus})
 - Failed trigger: P_{mus} without P_{vent}
 - False trigger: P_{vent} without P_{mus}
- **Dyssynchrony**
 - P_{vent} and P_{mus} start and end at **different** times
 - Early trigger or cycle: P_{vent} before P_{mus}
 - Late trigger or cycle: P_{vent} after P_{mus}

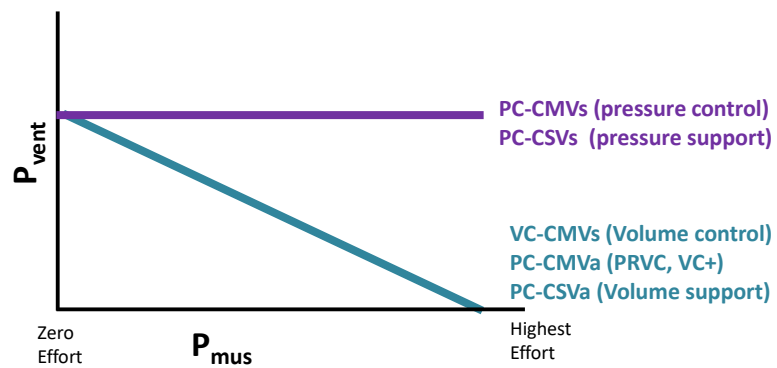
122

Work Shifting



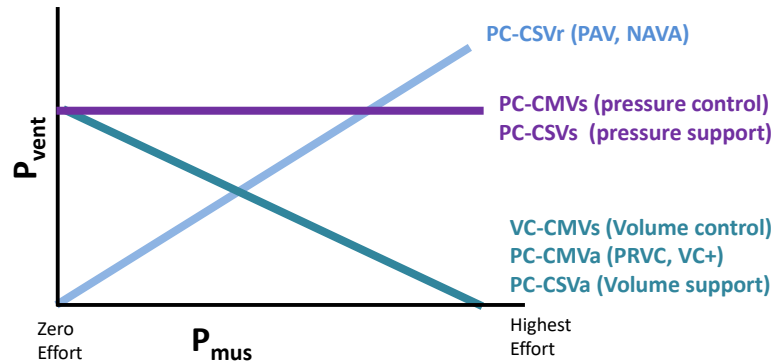
123

Work Shifting



124

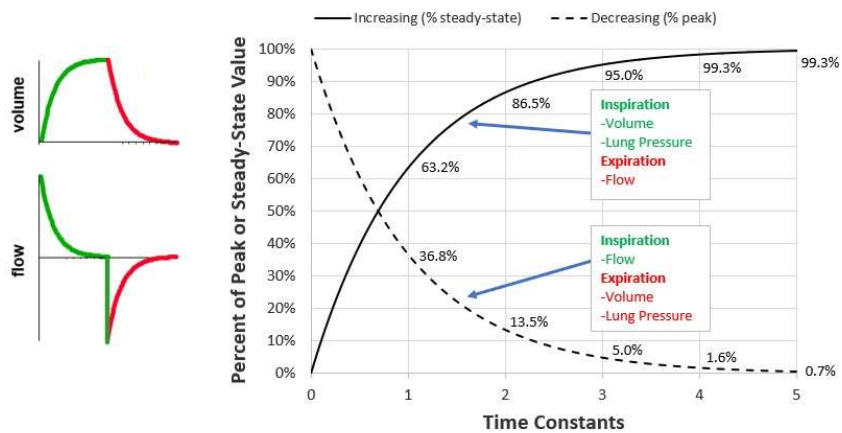
Work Shifting



125

Time Constant

- **Time Constant = Resistance x Compliance (units: seconds)**
 – time to change 63%



126

Basic Waveform Interpretation

Standardized Procedure



<https://pubmed.ncbi.nlm.nih.gov/34470804/>

127

Step 1 – Define the TAG

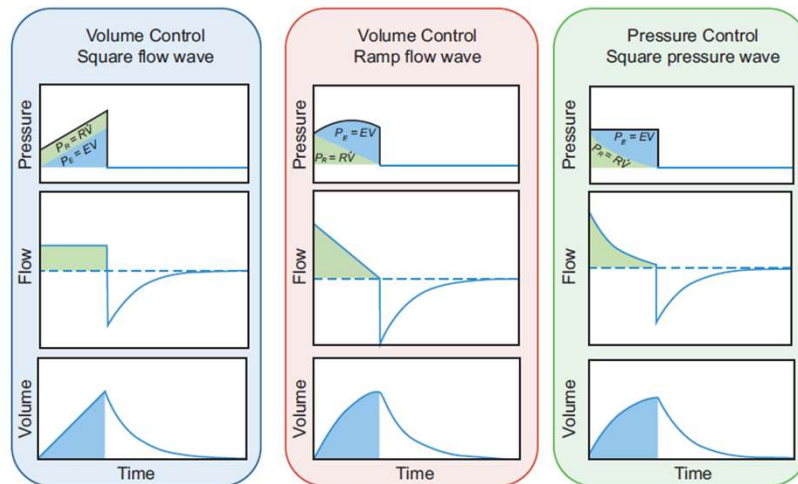
Standardized Ventilator Waveform Analysis

1. Define the TAG

- | | |
|--|--|
| <input type="checkbox"/> PC-CMV _s | <input type="checkbox"/> PC-CSV _a |
| <input type="checkbox"/> PC-CMV _a | <input type="checkbox"/> PC-CSV _r |
| <input type="checkbox"/> VC-CMV _s | <input type="checkbox"/> VC-IMV _{s,s} |
| <input type="checkbox"/> VC-CMV _d | <input type="checkbox"/> VC-IMV _{d,d} |
| <input type="checkbox"/> PC-CSV _s | <input type="checkbox"/> PC-IMV _{s,s} |
| <input type="checkbox"/> PC-IMV _{a,a} | <input type="checkbox"/> Other_____ |

128

Ideal Waveforms



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Step 2 – Define the Load

2. Define the load

Inspiration

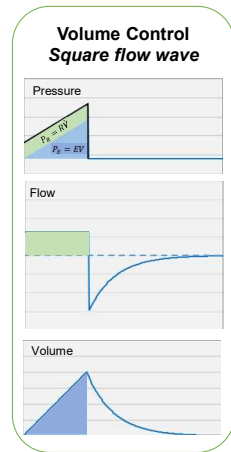
- Elastic load
- Resistive load
- P_{mus}

Expiration

- Elastic load
- Resistive load
- P_{mus}

130

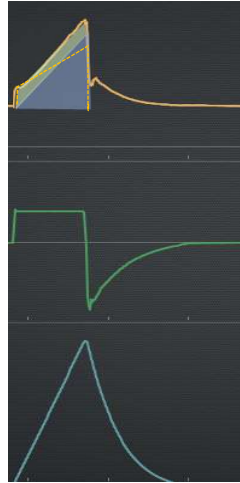
Effects of Increased Loads



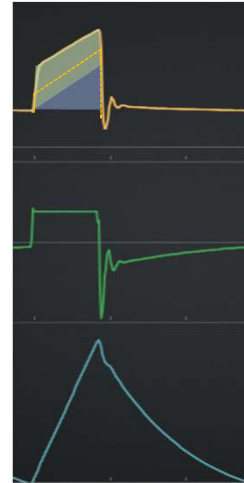
$$P_{vent} = EV + R\dot{V}$$

$$= P_R + P_E$$

**Increased
Elastic Load**

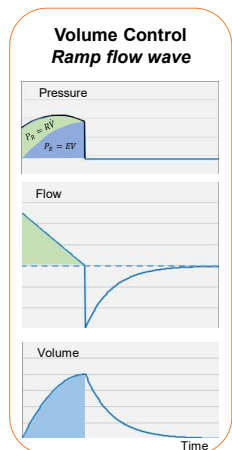


**Increased
Resistive Load**



131

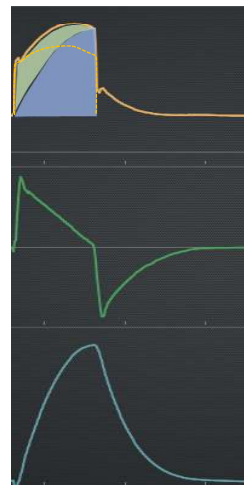
Effects of Increased Loads



$$P_{vent} = EV + R\dot{V}$$

$$= P_R + P_E$$

**Increased
Elastic Load**

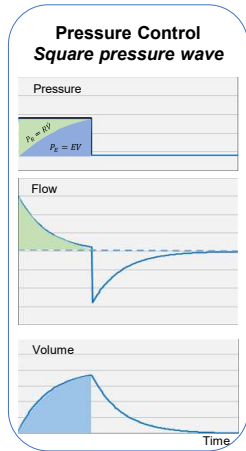


**Increased
Resistive Load**



132

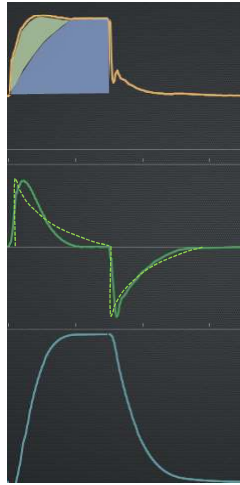
Effects of Increased Loads



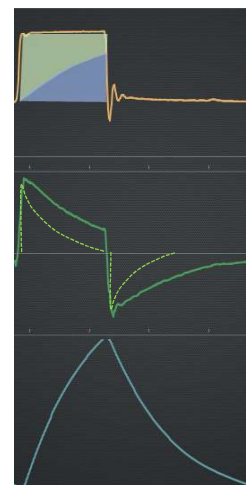
$$P_{vent} = EV + R\dot{V}$$

$$= P_R + P_E$$

Increased Elastic Load



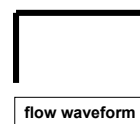
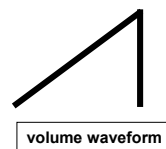
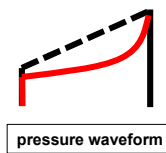
Increased Resistive Load



133

Effects of Inspiratory Effort (P_{mus})

$$P_{vent} + P_{mus} = E \times V + R \times \dot{V}$$



*Volume Control
this side preset*

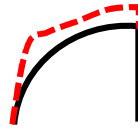
134

Effects of Inspiratory Effort (P_{mus})

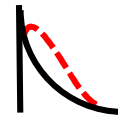
$$P_{vent} + P_{mus} = E \times V + R \times \dot{V}$$



pressure waveform



volume waveform



flow waveform

*Pressure Control
this side preset*

135

Step 3 – Define the PVI

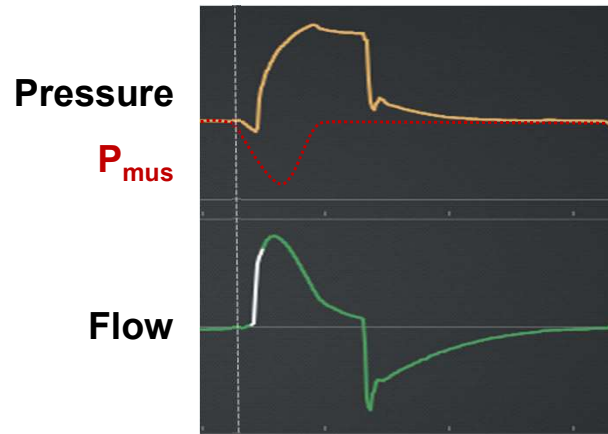
3. Define Patient-Ventilator Interaction

Trigger

- Normal
- Early
- Late
- False
- Failed

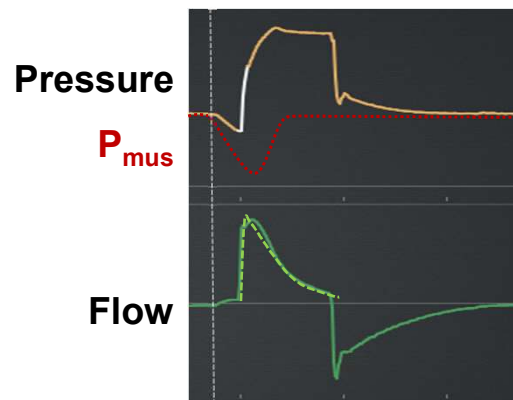
136

Trigger Synchrony - Normal



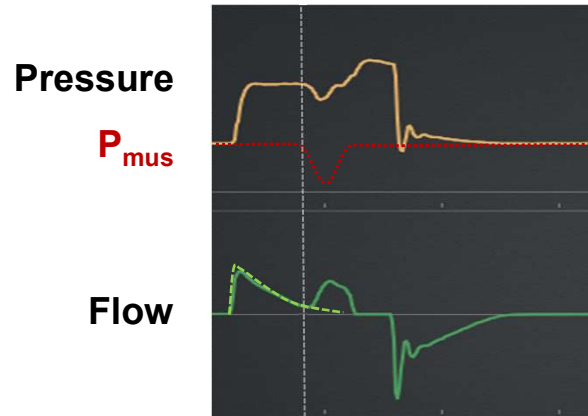
137

Trigger Synchrony - Late



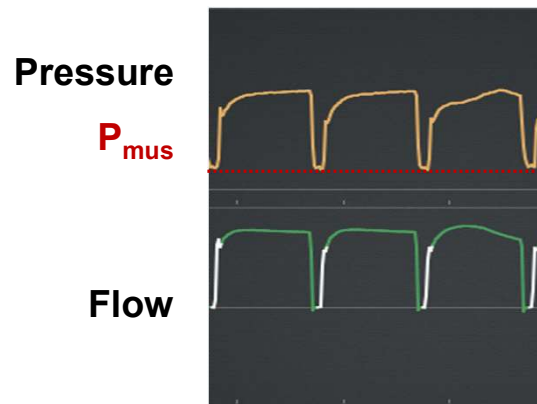
138

Trigger Synchrony - Early



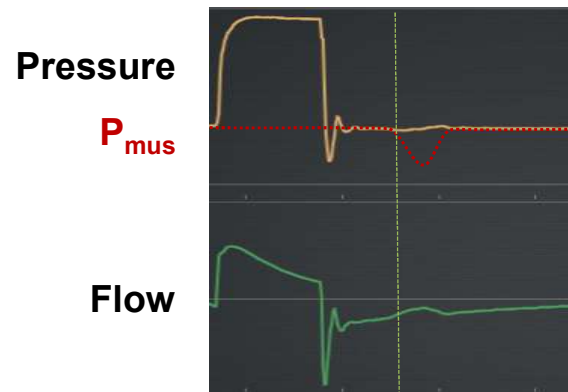
139

Trigger Synchrony - False



140

Trigger Synchrony - Failed



141

Step 3 – Define the PVI

3. Define Patient-Ventilator Interaction

Trigger

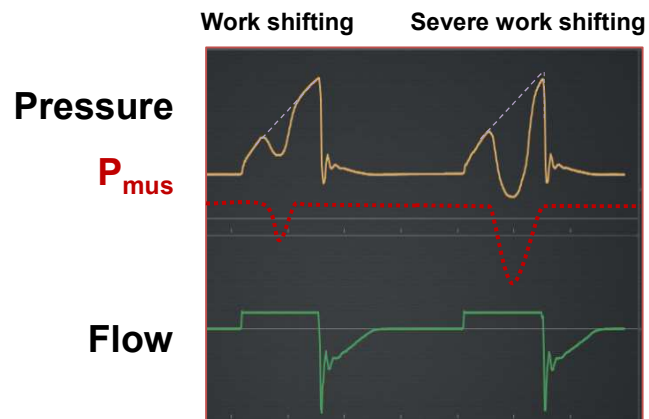
- Normal
- Early
- Late
- False
- Failed

Inspiration

- Normal
- Work shifting
- Work shifting, severe

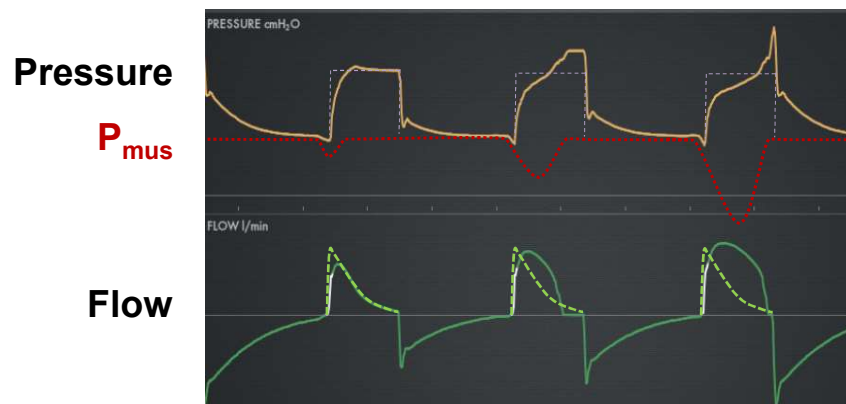
142

Work Shifting in Volume Control



143

Work Shifting in Pressure Control



144

Step 3 – Define the PVI

3. Define Patient-Ventilator Interaction

Trigger

- Normal
- Early
- Late
- False
- Failed

Cycle

- Normal
- Early
- Late

Inspiration

- Normal
- Work shifting
- Work shifting, severe

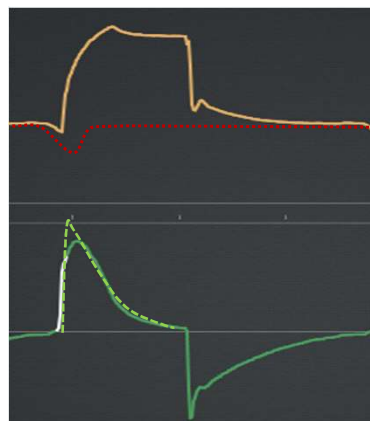
145

Cycle Synchrony - Normal

Pressure

P_{mus}

Flow



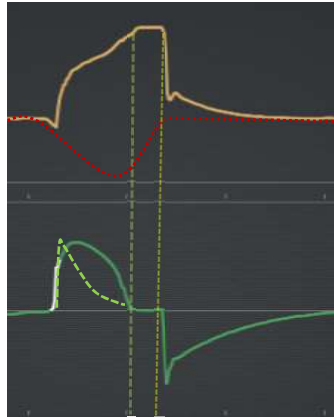
146

Cycle Synchrony - Late

Pressure

P_{mus}

Flow



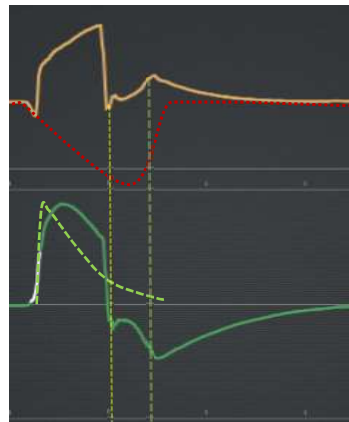
147

Cycle Synchrony – Early

Pressure

P_{mus}

Flow



148

Step 3 – Define the PVI

3. Define Patient-Ventilator Interaction

Trigger

- Normal
- Early
- Late
- False
- Failed

Inspiration

- Normal
- Work shifting
- Work shifting, severe

Cycle

- Normal
- Early
- Late

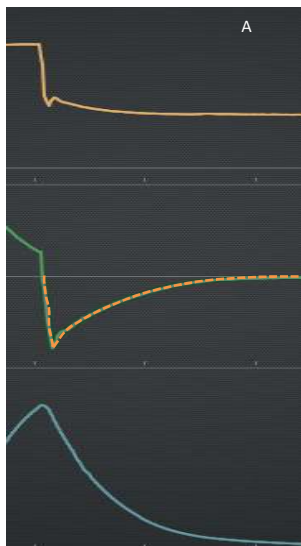
Expiration

- Normal
- Expiratory work

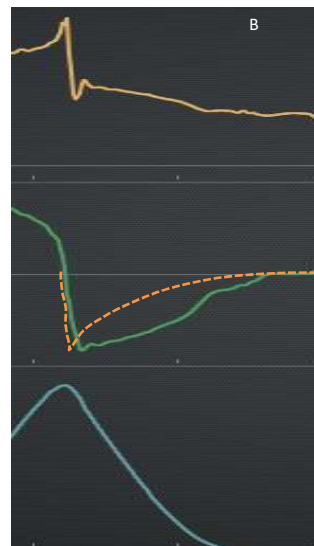
149

Expiratory Work

Passive, normal load



P_{mus} present, exp work



150

Step 4 – Recommend Interventions

4. Interventions

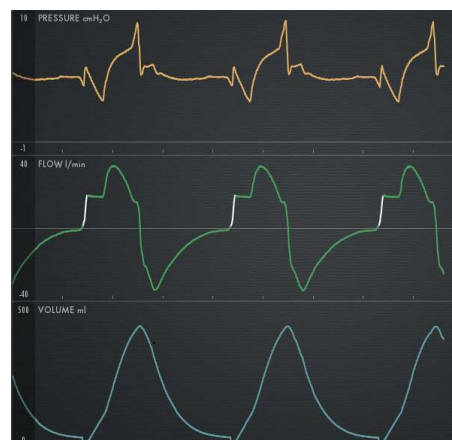
What is the main goal (choose one only)?

- Safety Comfort Liberation.
- Adjusted Settings: which? _____
- Changed mode: To what? _____
- None
- Other _____

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Example

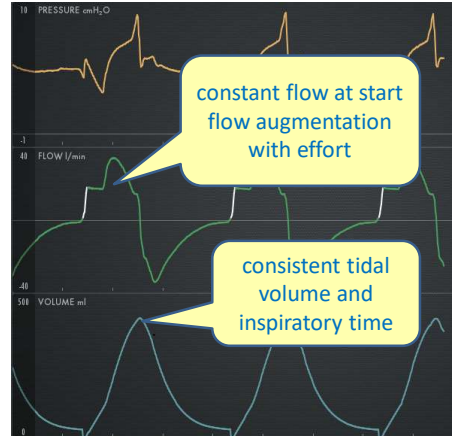
1. What is the mode TAG



152

Example

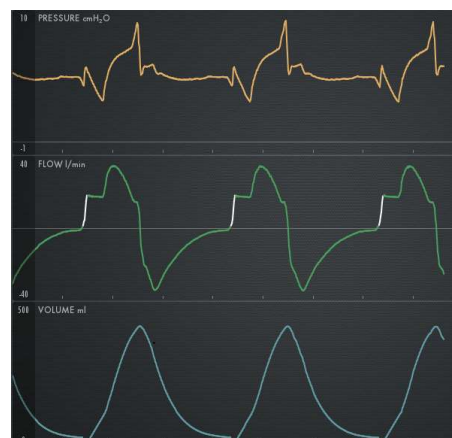
1. What is the mode TAG
 - VC-CMVd



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Example

1. What is the mode TAG
 - VC-CMVd
2. What is the load



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Example

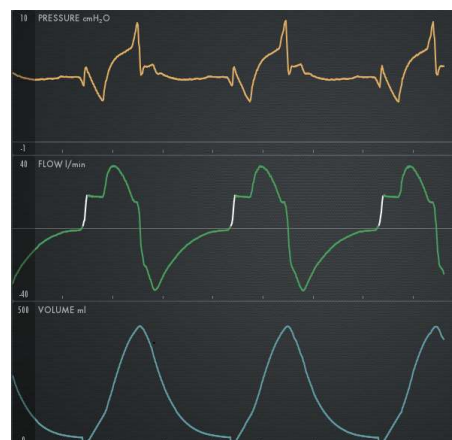
1. **What is the mode TAG**
 - VC-CMVd
2. **What is the load**
 - Inspiratory Pmus



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Example

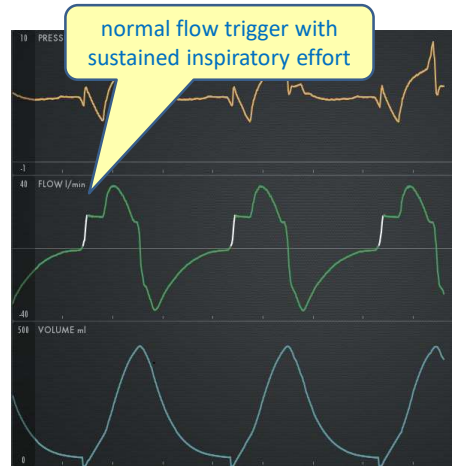
1. **What is the mode TAG**
 - VC-CMVd
2. **What is the load**
 - Inspiratory Pmus
3. **What is the patient-ventilator interaction status**



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Example

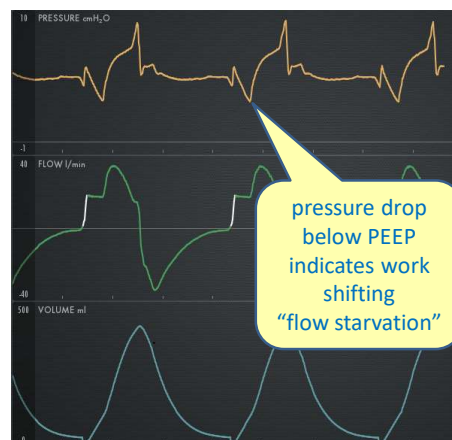
1. **What is the mode TAG**
 - VC-CMVd
2. **What is the load**
 - Inspiratory Pmus
3. **What is the patient-ventilator interaction status**
 - A. Trigger: normal flow trigger



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Example

1. **What is the mode TAG**
 - VC-CMVd
2. **What is the load**
 - Inspiratory Pmus
3. **What is the patient-ventilator interaction status**
 - A. Trigger: normal flow trigger
 - B. Inspiratory phase: work shifting



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Example

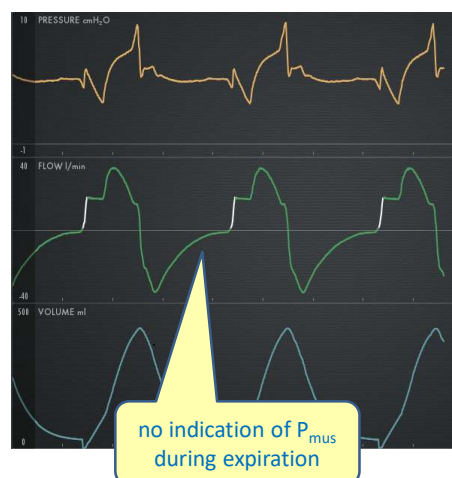
1. **What is the mode TAG**
 - VC-CMVd
2. **What is the load**
 - Inspiratory P_{mus}
3. **What is the patient-ventilator interaction status**
 - A. Trigger: normal flow trigger
 - B. Inspiratory phase: work shifting
 - C. Cycle: normal



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Example

1. **What is the mode TAG**
 - VC-CMVd
2. **What is the load**
 - Inspiratory P_{mus}
3. **What is the patient-ventilator interaction status**
 - A. Trigger: normal flow trigger
 - B. Inspiratory phase: work shifting
 - C. Cycle: normal
 - D. Expiratory phase: normal



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Summary

- **The equation of motion is essential to understand mechanical ventilation**

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Summary

- **The equation of motion is essential to understand mechanical ventilation**
- **We now have taxonomies for**
 - Modes of ventilation
 - Patient-ventilator interactions

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Summary

- **The equation of motion is essential to understand mechanical ventilation**
- **We now have taxonomies for**
 - Modes of ventilation
 - Patient-ventilator interactions
- **Learning to interpret ventilator waveforms is just as important as learning to interpret ECG waveforms**
 - This skill helps us optimize the mode and settings required to serve the goal of ventilation and meet the patient's needs

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Simulator – Hamilton C6 Ventilator



- **Free**
- **Fully simulated user interface with most modes**
- **Real-time waveforms and digital displays**
- **Standard patient models (normal, ARDS, COPD)**
- **Monitoring parameters for the patient's oxygenation and ventilation, including a simulated BGA**
- **Responds to recruitment maneuvers and changes in PEEP**

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Next steps

- Attend **SEVA-VentRounds**, online (free)
 - We review ventilator waveforms live, applying the SEVA method

